



Hollis Brookline High School

February 20, 2012
www.hollisbrookline.org

Some thoughts from the Principal ...

Second semester is well underway and believe it or not we are already moving into the course selection process for next year. The 2012-2013 Program of Studies is online on the HBHS Guidance website for your perusal. The course selection portal opens on February 20th with an information evening for parents on February 23rd in room 221/222. Once our current freshmen, sophomores and juniors have registered, the portal will open for eighth grade students. A parent information night for current eighth grade students is scheduled for March 28, 2012. More specifics are outlined in the Guidance section of the newsletter.

Winter break is fast approaching for the week of February 27th through March 3rd. There is a lot of activity here at HBHS leading up to vacation week! The week of February 13 to 17 we ran the annual penny war for charity – staff and students brought in their pennies and other change. All funds are being donated to two local charities, Marguerite's Place and A Day Away. Marguerite's Place provides a safe place for single mothers and their children to live while transitioning to living independently. A Day Away provides respite care for families caring for loved ones with Alzheimer's disease. This fun activity is a precursor for the annual Spirit Week which will be held from February 20th to the 24th culminating with the main Pep Rally of the year on Friday afternoon.

Once again, HBHS had student representatives participate in the annual Penguin Plunge for Special Olympics. This year **Lauria Patz, Erin Turner, and Danica Melone** were brave enough to plunge into the frigid ocean waters to raise funds. We applaud their courage. On February 11th six AP Art Portfolio Students participated in the 263 Art Gallery's Student Show. These young artists are **Kelly Scrima, Jen Turner, Meg Cahill, Brock Green, Eleni Philipon** and **Dana Avard**. I hope some of you had the opportunity to see the works of these talented artists.

For the seventh consecutive year we congratulate the HBHS Math Team for bringing home the first place championship trophy for their Math League as well as three individual winners. Out of our 22 team league, winning the First Place Highest Scoring Freshman award was **Celeste Marsan**; winning the First Place Highest Scoring Sophomore Award was **Anish Thilagar**; and winning the First Place Highest Scoring Senior award, that includes a \$250 scholarship, was **Greg Partridge**. Way to go Math Team!!

The building is always busy with sports team practices and events like the wrestling team's Cavalier Classic Tournament and basketball games, which as of this date boast an undefeated girls varsity basketball team. This time of year we also see the US First Robotics team's sprint to finish their robot on time for their competition to be held at the Verizon Wireless Center in Manchester on March 1st, 2nd, and 3rd. The team is pulling marathon sessions to develop and perfect their robot. The Visual and Performing Arts Department is pulling out all the stops collaborating with music, dance, artists and theatre to present the Spring Musical "Legally Blonde", which will be held on March 23 & 24 and March 30 & 31. We hope you all will have a chance to attend these wonderful events.

The NH Higher Education will present Destination College at Southern NH University on March 24, 2012. This free event is a great opportunity for students and their parents to attend a variety of workshops, participate in a scholarship raffle, attend a college fair and hear the keynote speech from our very own senior **Ryan Pauer**! Ryan was chosen to deliver his speech by the NHHEAF Committee from all those who entered in the entire state. Not only will Ryan have the honor of addressing approximately 2,000 students and parents with his keynote speech, he also won a \$1,000 scholarship. Ryan's journalism articles were also selected for three NH Scholastic Writing Awards, a Silver Key award and two Honorable Mentions. Congratulations to Ryan on these outstanding achievements! You can find more information about Destination College at <http://www.destinationcollege.org>.

Are you interested in hosting an exchange student? Hollis Brookline Rotary sponsors an exchange student each year and they are looking for families to host the student for a three month period. To learn more about this exciting opportunity, go to the [Rotary information page](#).

What are the kids saying about school lunch? Here's your chance to give us some valuable input so we can adjust our offerings to better meet the nutritional needs of our students! Please take a moment to help us in our continuing efforts to improve our food service program! Just [click on this link](#) to fill out a short survey about our food service program.

On another note, I wish to thank all of the people who come out to Budget Committee and School Board meetings to learn more and provide feedback to committee members. The multitude of parents, staff, and students who take time out of their busy schedules to be part of the budget process is wonderful. I encourage everyone to stay informed and come out to vote at the March District Meeting on March 5th at 7:00 pm in the high school gymnasium. As you know, this is a very important meeting to vote on the operating budget for the district and the outcome will have a significant impact on the education of all students at Hollis Brookline Middle School and Hollis Brookline High School.

**Respectfully Submitted,
Cindy Matte**

Parent Education Series

The Reality of Prescription Medication Misuse and Abuse

- 70% of children 12 years and older who abused pain relievers in 2007-2008 say they got them from a friend or relative.
- 1 in 5 high school students in the Souhegan Valley (which includes H-B, Milford, Souhegan and Wilton/Lyndeborough high schools) reported abusing a prescription drug at least once in their lives. (2011 YRBS)
- 19.6% of students think it would be "sort of easy" to get a prescription drug without a doctor's prescription (Oxycontin, Percocet, Vicodin, etc.).
- 17.7% of students think it would be "very easy" to get a prescription drug without a doctor's prescription if they wanted some. (2011 YRBS)
- More teens abuse prescription drugs than any illicit drug, except marijuana. *

*<http://www.safeguardmymeds.org/downloads/SafeguardMyMeds-PrescriptionMedicineStorageandDisposal.pdf>.

Health Office Snippets

Parents and Students: Please remember when bringing in medications, whether prescription or over-the-counter, they must be in their original packaging with all necessary documentation.

It has come to our attention that many students are calling or texting their parents directly when they are ill or injured and are looking to be dismissed. Please have your child check in to the Health Office for assessment and possible dismissal if it has to do with illness or injury.

As second semester is underway, please update the Health office if there are medical or health changes for your child. We work closely with our Guidance and teaching staff to support our student's needs.

The Health office continues to need donations of the items listed below. We truly appreciate the ability to provide snacks for our students to help them learn self-management skills, making the connection between mind and body. Food is good medicine!

Juice boxes Small water bottles
Animal crackers/pretzels/saltines/cheese crackers

Thanks to all who have sent in the above needed items! We also received a brand new otoscope for the Health office. Thanks very much, Lois Taylor!

Please be mindful of our student population with anaphylactic allergies to nuts and latex products. H-B is not allergen free, but we strive to create a safe environment for all our students.

Please do not hesitate to communicate with us at any time. Confidential fax 603-465-2485, phone 603-465-2269 x137. Thank you.

Cathy Burbee, RN *Full Time
Susan Patz, RN *Part Time

Visit hollisbrookline.org to access the Health Office website to find health Office forms and information, fast facts, physical exam/immunization requirements and various health links.

PTSA NEWS



Thanks to all who contributed to the Staff Appreciation Dessert Buffet on February 14, especially our own team who planned, coordinated, and ran the event. It was a great success.

As you may have seen in our email note, the S-TEAM graduation event is on hold this year. It is a lot of work to plan and implement this type of activity, and student participation has declined over the past years. The expense is also a consideration. We will reassess in the fall for next year, and welcome any thoughts, comments, or ideas.

Lastly, please note the date of the Co-op District Meeting, March 5. Majority rules at this democratic meeting, and often it is not co-op parents who are there in numbers. If you want to have a say in co-op decisions, make the effort to get there and be counted. Yes, it is a long night - but a small price to pay for the continued excellence of our schools.

Sincerely,
Maryanne Sango Shanley
HBHS PTSA President
msshanel@yahoo.com

Visit your PTSA at www.hbhsptsa.org, where you'll find the list of officers & committees, back issues of newsletters, and much more!



BOOSTER CLUB NEWS

Winter sports will soon be coming to a close. The HBHS Athletic Booster Club is planning our **Winter Sports Awards Night for Monday, March 12 beginning at 6:30pm**. Please mark your calendars and join us! Parents, coaches, athletes and fans: **We need pictures for the sports awards slide show!** If you are a gymnast, skier, runner, swimmer, hockey player, basketball player, bowler, cheer athlete, Pep band member, wrestler and fan, please take photos of the games and each other. Put those pics on a zip drive or disk and drop this off **by March 5th** in the Main office. Be sure to label it "Booster Club Sports Awards Picture" and include your name on it, or contact Cherie Wholey at crw22@charter.net or call 603-966-4644. Zip drives will be returned to you the night of sports awards. We need your help to get ALL the athletes on the slide show!

How would you like to drive a Ford Mustang?? On Friday, May 11, the HBHS ABC is sponsoring a **Ford Test Drive Fundraiser!** Anyone 18 years of age and older can come and drive a car, courtesy of Best Ford Car in Nashua, NH. Best of all (no pun intended), for each test drive Ford Corporation will donate money to the HBHS ABC! What an awesome way to raise money for HBHS athletics!

Save the date! The HBHS ABC will hold their **Annual Golf Tournament on Friday, May 18, 2012**. This is not only a great way to get out and enjoy the fresh outdoors, but also a great way to support HBHS athletics!

We would like to invite you to attend our monthly meetings anytime during the year. Please come and join us! **Our next meeting is Wed., March 7th at 7pm** in the HBHS office conference room.

Go Cavs!

Be sure to check out our HBHS Athletic Booster Club website at: www.hbhsboosterclub.com.

From Your Guidance Department

Course Registration: The 2012 – 2013 Program of Studies is completed and can be found on the HBHS website. This handbook is designed to assist students in outlining their courses for the next academic year as well as map out a multiple-year plan, Information on curriculum, course offerings, pre-requisites, policies, and grading are all included in the handbook. We encourage you to spend some time reviewing it.

2012 Course Registration Schedule: Outlined below is the schedule for course registration informational sessions.

Student Presentations – Grade 9 – 11: Counselors will review the mechanics of the electronic course selection process, sequential course offerings, teacher recommendations, graduation requirements and NH Scholars requirements with the HBHS students. Please note the times below so students are aware of the upcoming presentations. Students will receive further instructions during the school day.

Tuesday, February 21st **Period 2 - Grade 10**
 Period 6 - Grade 11

Wednesday, February 22nd **Period 3 – Grade 9**

Parent Presentations – Room 221: Counselors will also be conducting parent evening presentations on course registration. It is helpful for parents to receive similar information as their children so they may participate in the course selection process for next year. The informational sessions are brief and are held by the current grade level of the student. Please join us for this informational presentation on Thursday, February 23rd in room 221.

Grade 9 Parents	6:00 – 6:45 pm
Grade 10 Parents	6:50 – 7:35 pm
Grade 11 Parents	7:40 – 8:25 pm

Grade 8 Course Selection Information:

- March 28, 2012: Grade 8 Informational Course Registration and Welcome Presentation at HBHS for Parents
- March 29, 2012: HBHS Counselors will review course selection with students at the middle school
- March 29 to April 4, 2012: Online course selection will open
- April 3, 2012: Parent Breakfast at HBHS cafeteria 7:30 a.m.

More information will be sent in a mailing!

Report cards were distributed to the students on February 3rd. As parents and students utilize Power School to check grades, the report card has become de-mystified. However, it is important for students to review these reports and ensure correct information has been stored.

Advanced Placement Testing: Advanced Placement Testing will be held from May 7th through May 18th. Counselors will be going to all the Advanced Placement classes to discuss the tests the week of February 20th and to deliver handouts and review the registration process. Information will be placed on the Guidance website as well.

Senior News

College Admissions: Admission decisions will be coming out periodically, but there will be many colleges notifying students at the end of March and early April. Congratulations to all students receiving acceptances to colleges. Please update your Naviance account so we can stay current on college decisions. We love hearing good news about students' successes, and of course the bell ringing is fun, too! Any student who still wishes to send additional applications should meet with their counselor as there are many schools with open deadlines which offer wonderful opportunities.

Accepted Student Open Houses: Colleges will be hosting Accepted Student days on their campus' in the spring. This is a great time to see the college through the lens of an accepted student not a potential admission candidate. These days often help students make that final decision. If the college does not host such an event, it is very helpful to make some time to see the campus again to get a clear idea about your choice. Colleges welcome potential students to visit classes and experience the life of a student on their campus. Be sure to take advantage of this opportunity.

Financial Aid Information: Financial aid deadlines are here. Be sure to get financial aid information in as soon as possible. Any delay in this process can disadvantage a family from receiving aid. If you have concerns regarding financial aid at this time, an appointment with the college financial aid office is a good way to learn about that particular college's financial aid opportunities. All colleges require the FAFSA form from families that are considering financial aid. To fill out the FAFSA, use the government website www.FAFSA.gov.org. Again, for most colleges the FAFSA must be submitted between February 1 and March 1, 2010. Financial Aid materials are available online either through the government website or the College Board website. Please check the Guidance website for more scholarship and financial aid information. Don't self-select yourself out of the financial aid process. You never know unless you apply!!

Some private colleges will require the CSS PROFILE. The PROFILE is only for private colleges and only certain schools use this form. It can only be submitted electronically and can be accessed through the College Board website at www.collegeboard.com. The PROFILE can be submitted at any time but should be submitted before March 15th. (Always important to know the deadline the specific college has posted).

Another great source of information is the NH Higher Education Assistance Foundation (NHHEAF) in Concord. NHHEAF can be reached online at www.nhheaf.org or calling 1-800-525-2577. Financial Aid materials are available in both Guidance and the library at HBHS. Again, please check the Guidance website for more scholarship and Financial aid information.

Scholarships: Scholarship season is here and new scholarship opportunities will be arriving daily in guidance. A list of scholarships is located on the NAVIANCE website and is updated as frequently as scholarship information comes in. Applications can be accessed electronically or found in the scholarship drawer in Guidance. Please be aware of the procedures in place to ensure scholarship information is sent out in a timely fashion and has the necessary information attached. We ask students to please fill out the purple scholarship request form that lists the name of the scholarship and what is needed to complete the scholarship packet. These forms are found in Guidance near the appointment slips. Students are asked to give the counselor at least 48 hours prior to the postmarked deadline for processing. The **Naviance** – Family Connection – Scholarship website is the best source of information so please check it often.

From Your Guidance Department—Cont'd

Senior Credit Letters: The counselors are sending home **credit check letters** to all seniors. These letters specifically review courses that need successful completion in order to fulfill the remaining graduation requirements. If there are any questions or concerns, please be sure to contact the counselor as soon as possible.

NCAA: Senior athletes interested in participating on athletic teams in college must register with the NCAA. This must be done online at www.NCAA.org for general information and www.eligibilitycenter.org for registration.

Junior News

It is now the juniors' turn to enter into the college admission journey. Counselors recently held an informational evening with students and parents. The Power Point can be found online under Guidance – College Information – Presentations. With two vacations on the horizon, it may be helpful to start scheduling college visits. All appointments to visit college campuses can be made through the admission office of the college or on the colleges' websites. By notifying the admissions office, families can be assured a tour and an interview if the school allows them. February and April vacations are perfect times to visit college campuses. It is very helpful for the high school student to see the college when students are on the campus. Sometimes the hustle and bustle of the campus, or lack thereof, has a big impact on the decision of the student.

College Admission Handbook: The College Admission Handbook is now complete and will only be available online. If for some reason you do not have access to a computer, we would be happy to print a copy for you. It is hoped that going online will help ease school expenses. This handbook offers an enormous amount of information about the college admissions process and is best used as a resource tool. It is also has a sample of forms utilized in the process. The online version can be found on the Hollis Brookline website under the guidance tab – college information.

Destination College: The New Hampshire Higher Education Assistance Foundation (NHHEAF) is sponsoring its annual statewide college convention for high school juniors and their parents. This *free* event will be held at Southern New Hampshire University on **Saturday March 24th from 8am to 2:30 pm**. Pre-registration is required and can be done online at www.destinationcollege.org. Reservations must be made in advance. This is a great program that offers a variety of workshops for students and parents, motivational speakers, mini college fair and an opportunity to enter a scholarship raffle.

SAT Information, SAT Reasoning Tests and SAT Subject Tests— Registration for upcoming tests is ongoing through the College Board website (www.collegeboard.com). Deadlines are approaching quickly so be sure to attend to them. Registration for tests on:

SAT Test Dates

May 5
June 2

Registration Deadline

April 6
May 8

SATs are not administered at HBHS but are available at Milford, Nashua, Souhegan and other local schools. Specific locations are online or in the registration booklet in guidance. It is important to plan testing around busy sports and activity schedules in the spring. Check with coaches and club advisors before signing up for the Saturday test dates. Students should plan to take the SAT's at least twice during the college admission process. SAT prep courses are offered here at HBHS and at other agencies.

SAT Subject Tests are required by a small percentage of schools but always by the most competitive colleges. Students may want to think about taking these tests at the end of the year when they finish the corresponding class (i.e.: accelerated biology students may want to take the SAT subject test in biology at the end of 9th/10th grade and/or pre-calculus students may want to register for the Math II SAT subject test at the end of the academic year). Students may take three subject tests on one test date as they are each only one hour in length. Score Choice is also available for Subject tests

ACT Information— Students can also take the ACT. Colleges look at the ACT and the SAT interchangeably so there is no disadvantage to taking either or both. Some students find they do better on the ACT than the SAT so it is worth investigating or asking your counselor about this test. Registration and general ACT information can be found on www.act.org.

ACT Test Date

April 14
June 9

Registration Deadline

March 9
May 4

Optional Writing Test for the ACT is highly recommended and required by many colleges.

CEEB Code. It is important to enter the **CEEB Code 300275** for HBHS when registering for tests. This will ensure that a copy of your results will be sent to this high school, and is often necessary for scholarship applications!

Sophomore News

As with the junior PSAT takers, counselors have been meeting with any sophomore student who participated in the fall testing and reviewing test results.

Counselors will be meeting with 10th grade students next week to discuss registration for the upcoming academic year. Counselors will review the Program of Studies, online procedures and general information to assist in the selection of their upcoming year's classes. Counselors will also meet individually with students at the student's request to go over their academic and career plans.

College 101 will be an evening presentation scheduled in May for parents and student to review the entire college application process and get a jump start on and become familiar with all the intricacies of the college process.

Freshmen News

Counselors will be providing presentations to review course selection for our ninth grade students next week. We will be reviewing high school graduation requirements, online registration procedures and general information to allow students to be contemplating their academic four-year plan at HBHS. The counselors will be happy to meet with students individually to review their anticipated schedules after our group presentations.

Please be sure to check the Guidance Department website and read the daily notices for all new information!

<http://sites.google.com/a/sau41.org/hbhs>

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Hollis Woman's Club News

It's that time of year again to clean out your closets, go through your drawers and buy table space at the annual Hollis Woman's Club Yard Sale! Held this year on Saturday, April 14th from 9am-1pm at the Lawrence Barn on Depot Road, the sale will be a treasure trove of wonderful necessary items to buy and sell. If you would like to reserve a table for selling, please contact Jeanne Cleveland at 465-2097 or jeanne3584@yahoo.com for all the details. Otherwise, mark your calendars and come and shop for interesting and unique items at this annual event!

The HWC announces that applications are now available for their annual \$1,000 High School Scholarships. There is a 4-year college scholarship as well as a Vocational Scholarship awarded. Applications can be found at the "Documents" page of www.holliswomansclub.org and are due no later than April 20, 2012.

HBHS Winter Sports Update

Indoor Track: The girls 4x800 relay team won the Indoor Track State Championship for their event. The team consisted of Meghan Philpot, Emma Newton, Mary Martin, and Felicia Lombardi. They achieved the fastest time in the state for all divisions and set a Hollis Brookline school record. Meghan Philpot and Emma Newton also placed 2nd and 3rd, respectively, in the 1000-meter race. Newton also placed 4th in the 1500-meter event.

Girls Basketball: The girls are undefeated at 16-0 and ranked #1 in Division II.

Boys Ski Team: The boys finished 5th in the Division II State Championships at Waterville Valley. Evan Cooke finished 3rd in the slalom race and 5th in the giant slalom race. This qualifies him for the Meet of Champions.

Girls Ski Team: The girls finished 6th in the Division II State Championships at Cranmore Mountain. Skylar Anderson placed 10th in the slalom to also qualify for the Meet of Champions.

Boys Swim Team: The boys finished 3rd in the Division II State Championships. Tyler Owens placed 2nd in the breast stroke and will compete in the New England Championships.

Wrestling: The wrestling team finished the regular season with a record of 13-3. They will compete in the Division II State Championships at Merrimack, NH on Saturday, February 18th. Hollis Brookline will host the Division II State Championships in 2013 and 2014.

CALENDAR OF EVENTS

Feb. 20-24	Spirit Week
Feb. 23	Course Selection Info Session—Rm. 221/222
Feb. 26	6-8pm NHHEAF Financial Aid Counselor At HBHS
Feb. 27-	Winter break—School Closed
March 3	
March 1-3	US First Robotics Competition at Verizon Wireless Arena, Manchester
March 5	H-B Co-Op School District Meeting 7pm, HBHS gymnasium
March 7	H-B Booster Club mtg., 7pm, HBHS office Conference room
March 9	Registration deadline for April 14 ACT
March 10	IMPACT (concussion) testing, 9-1pm Rm. 141
March 12	Winter Sports Awards Night—6:30pm HBHS gymnasium
March 23-24 & Mar. 30-31	"Legally Blonde" school play
March 24	NHHEAF College Convention @ SNHU pre-register at destinationcollege.org
March 28	Incoming Freshman Parent Info Night
March 29— April 4	Online 2012-13 Course Registration opens
April 3	Parent Breakfast at HBHS Café, 7:30am
April 6	Registration deadline for May 5 SAT
May 7-18	AP Testing
May 8	Registration deadline for June 2 SAT
May 11	Ford Test Drive Booster Club Fundraiser
May 18	HBHS Booster Club Annual Golf Tourney

The Cavalier Chronicle, the HBHS student newspaper, is published the third Friday of every month. Be sure to ask your kids to bring their copy home to share with you. We welcome parent input for story ideas by the first of every month (perhaps your teen is doing something newsworthy outside of school but is too shy to let us know). Additionally, business owners are encouraged to advertise with us. Please email your mailing address, and we'll send you a packet with pricing, sizes, and publication schedule. Contact Lin Illingworth at lin.illingworth@sau41.org or call 465-2269 for more information.

