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March 27, 2013

### *Some thoughts from the Principal ...*

**Spring has sprung?** The calendar says Spring has arrived but the piles of snow are still saying otherwise. Let's all hope for no more hurricanes or snow! For everyone who has asked, the Graduation date will be finalized at the April 3<sup>rd</sup> School Board meeting and we will post it on the high school's webpage the following day.

**District Meeting:** Thank you to everyone who came out to vote at the Cooperative School District Meeting and thank you to everyone who supported the staff contracts and budget. We sincerely appreciate all points of view and we will continue to be vigilant of how we use the funds allotted to us to provide the best possible educational environment for our students.

**Building Security:** The safety and security of our building is an ongoing concern and many new measures have been put into place. Seniors who have options either first or second period have the opportunity to apply for a key fob which will allow them access to the building with limited time frames based on their schedules. This means they no longer need to walk around to the front of the building to buzz in, but can access the building through the back lobby doors. This now allows us to lock the back lobby doors earlier in the day. If you have questions regarding fobs, please do not hesitate to contact us.

**Congratulations to Deb Maloney** - Two of Ms. Maloney's science experiment proposals were accepted by ChemEd 2013. She will be presenting them over the summer in Canada at the University of Waterloo at a four-day international conference. Both of these represent original activities/lessons that she has developed over the years. It is her hope to get these published. When they accepted the proposals, Ms. Maloney also received a CELA (ChemEd Legacy Award) scholarship. Nice work Debbie!

**Athletics:** The winter sports season concluded with great attendance at the Winter Sports Awards Ceremony on March 15<sup>th</sup>. It was a great season for all our winter athletes, with many teams making play-off rounds and athletes qualifying for championship meets.

**NHIAA Scholars:** The following students were recognized in Concord on March 20<sup>th</sup> as NHIAA Senior Scholar Athlete. Congratulations to: Erin Ackerly, Ryan Alquist, Haley Barbour, Emily Benz, Lydia Brown, Danielle Cambray, Andrew Cappetta, Matthew Carr, Erik Chazin, Jonah Chazin, Evan Cooke, Joe Flaherty, Max Friedman, Lauren Guetling, Hisham Hafez, Jeremy Heard, Will Holmes, Megan Ide, Karlie Kobylarz, Katherine Kroeger, Lori Lavey, Eve Lingaitis, Zach McPherson, Kellie Messer, Sam Musson, Nick Noval, Taylor Owens, Colleen Plesac, Erin Ramirez, Tim Rencken, Emily Rezzarday, Brian Thibodeau, Megan Tighe, Erin Turner, Sam VanNoy, Connor Walsh, Brad Whitaker, Morgan Williamson, Courtney Zack, and Monica Zack.

**French Oratorical Contest:** Congratulations to Senior **Devin Fauteux**. Devin won the French Oratorical Contest organized by Richelieu Club of Manchester last week. Devin received a cash award and moved to the next level of competition.

**Music:** Many of our musicians have been participating in multiple events including All State competitions, combined school performances, and festivals. The HBHS Concert Band received straight A's from the judges at the New Hampshire Music Education Association Large Group Festival on March 18<sup>th</sup>. On March 9<sup>th</sup> the Honors Jazz Band was one of 35 high school bands at the UNH Jazz Festival. Four members of the Honors Jazz Band received Outstanding Musicianship awards for their noteworthy playing that day. Ben Michon, Barrett Clark, Zach Nardone and Chaz Rogers were all recognized. Congratulations to all our musicians and to Dave Umstead and Julie Carbone who inspire our students and lead by example!

**US First:** Congratulations to the HBHS First Robotics Team 1073 who competed against 45 teams at the beginning of March at the Verizon center in Manchester. **Ann Reuter** won the Safety Star of the day and the team won the Judges' Award for their unique efforts in a well-organized team, inspiration of younger students, sharing information and technology with all teams, and exemplifying First Principals. They will be competing again at the Pine Tree Regional First Robotics Competition in Lewiston, ME on April 4<sup>th</sup> through 6<sup>th</sup>. We wish them well.

**Destination Imagination:** Congratulations to the HB Destination Imagination teams, they competed Saturday in the regional tournament. The junior team of Noam Eshed, Mandy Graves, Emily Choate and Neil McCalmont placed first in their division qualifying for the State meet as well as receiving the prestigious Da Vinci Award. The Sophomore team of Alex Baryames, Heather Bourassa, Anna Giles, Mandy Kabel, Evan Moloney and Nathan Rogers placed 2nd in their division and also qualified for the State meet which will be held at Salem High School on Saturday, April 6<sup>th</sup>.

**Bridges Bullying Presentation for freshmen April 1<sup>st</sup>:** Bridges, Nashua NH, will be offering a parent evening presentation on Bullying and Harassment on March 28<sup>th</sup> in room 221 at 6:30 pm. Bridges has been building nonviolent communities since 1977. Participants will discuss power imbalances in society and in school, identifying stereotypes and recognizing how they contribute to violence, and how the imbalance of power is at the core of bullying, sexual harassment, sexual assault and abusive relationships. Participants will also explore bystander intervention and the effect bystanders can have on bullying situations. Participants will identify ways to empower bystanders to become part of the solution rather than the problem.

Parents must RSVP to [teresa.noel@sau41.org](mailto:teresa.noel@sau41.org) or [kathleen.maynard@sau41.org](mailto:kathleen.maynard@sau41.org) in the Guidance office to confirm their participation. A minimum of 15 attendees is needed to confirm this presentation will run.

**Drug Dog Presentation, April 4<sup>th</sup>:** This event was originally scheduled to take place in November and it has been rescheduled to Thursday, April 4<sup>th</sup> at 6:30 p.m. in the auditorium at HBHS. Mason Police Chief Barry Hutchins will bring two drug detecting dogs and give a demonstration on how they search for illegal drugs. There will be time for questions after the presentation. Parents and students are welcome to attend.

**Spring Musical:** The HBHS Theatre Department proudly presents the musical *The Wedding Singer*, a romantic comedy based on the popular movie starring Adam Sandler and Drew Barrymore. Mark your calendars for Friday and Saturday March 29<sup>th</sup> and 30<sup>th</sup>. Tickets are available during lunches at the high school or by visiting the website. Questions may be addressed by email at [HBHSTheatre@gmail.com](mailto:HBHSTheatre@gmail.com).

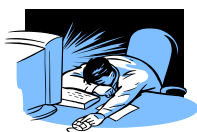
**Mr. HBHS:** The highly anticipated annual Mr. HBHS Pageant is set for Friday, April 5<sup>th</sup> at 7:00 pm in the auditorium. This is a fun- filled evening with ten boys representing all four classes competing in tuxedos, spotlight interview questions, and a new superhero event for the title of "Mr. HBHS". The winner is crowned, receives bragging rights and a \$100 prize.

Respectfully submitted,  
Cynthia L. Matte

## Upcoming Events at HBHS

### Please mark your calendars:

March 18 –	Registration for AP Testing
April 5	
April 1	Bridges Bullying Presentation, 6:30pm Room 221
April 4	Drug Dog Presentation, 6:30pm Audit.
April 5	Mr. HBHS Pageant, 7:00pm Audit.
April 9	District Choral Festival
April 11	<b>EARLY RELEASE DAY</b>
April 13	Hollis Woman’s Club Yard Sale 8-1pm, Lawrence Barn
April 18	Spring Concert, 7pm HBHS Auditorium
April 18	Scholarship Applications due to Hollis Woman’s Club
April 19	7:30-9:45am Spring Career Symposium @ HBHS (Sophomores)
April 19	CAST Legislative Breakfast 8-9:30am, Boys & Girls Club Of Souhegan Valley, Milford
April 22-27	<b>SPRING BREAK</b>
April 27	Drug Take-Back Day, 10am-2pm (details in newsletter)
May 3	Night of Living Guitars
May 8	“College 101” presentation for Sophomores/parents, 6:30pm, HBHS Auditorium
May 11	NYC Bus Trip – Hollis Woman’s Club
May 15	College 101 Information Program 6:30pm, HBHS Auditorium
May 17	HBHS CAVS GOLF OUTING
May 27	<b>NO SCHOOL</b>



### Health Office Snippets

**Are our kids getting enough sleep?** Sleep is crucial to a student’s learning and understanding. Lack of sleep can take a toll on a teen’s energy, mood, and ability to handle stress. Teens need about 8 to 9.5 hours of sleep per night. They actually need more sleep as they progress through puberty. Lack of sleep adds up over time leading to decreased attention, decreased short-term memory, inconsistent performance, delayed response time and increased health office visits which means time out of the classroom. Teen sleep patterns can cause further problems. They want to stay up late and sleep in. They need to catch up on sleep on the weekends. This pattern only makes it more difficult

getting to sleep at a reasonable hour on a school night. What can you do to help your teen? Try the following:

- Stick to a sleep schedule
- Watch what they eat and drink before bed time
- Make sure their room is dark and quiet
- Remove electronic devices that may interfere with sleep
- Limit daytime napping
- Make physical activity part of their normal day
- Watch their stress level
- Evaluate their schedules, commitments, activities. Can something be changed or lessened to allow more time for sleep?
- Don’t be afraid to consult with your Primary Care for support and advice

Did you know that February had 16 school days in it and 43 students came to the Health office complaining of fatigue?

Visit [hollisbrookline.org](http://hollisbrookline.org) to access the Health Office website to find health office forms and information, fast facts, physical exam requirements, various links.

**Please do not hesitate to communicate with us at any time. Confidential Fax 603-465-2485. Phone 603-465-2269, x137.** Thank you.

Cathy Burbee, Full Time RN and  
Susan Patz, Part Time RN

## HBHS Athletic Booster Club

Thanks to all who helped to make the Winter Sports Awards night a big success, and congratulations to the many athletes who were recognized for their participation and accomplishments. We wish the best of luck to all the seniors who participated in their last winter sports season as well.

The annual Golf outing is scheduled for May 17<sup>th</sup> and volunteers are needed for soliciting sponsorships and for help on the day of the outing. Please contact Tom Whalen at [hbcavsgolf@gmail.com](mailto:hbcavsgolf@gmail.com) if you can help or have questions. Registration and additional information is available at [www.cavsgolf.com](http://www.cavsgolf.com).

We are looking forward to warmer weather and the spring sports activities that come along with it. Parents, please join us as we support your athletes. More information about the Booster Club is available on our website: [www.hbhsboosterclub.com](http://www.hbhsboosterclub.com).

## Parent Education Series

**April is Alcohol Awareness Month  
Facts:**

Alcohol – Almost 40% of teens had alcohol in the past month and 40% of high school seniors report binge drinking in the last month (NH Youth Risk & Behaviour Survey 2009).

Binge drinking – Defined as drinking 5 or more drinks in less than 2 hours – can result in death (drugfreenh.org)

### **Prescription Drug Take-Back Day**

**April 27, 2013 (10:00AM - 2:00PM)**

The Drug Enforcement Administration (DEA) has scheduled another National Prescription Drug Take-Back Day which will take place on Saturday, April 27, 2013, from 10:00 a.m. to 2:00 p.m. This is a great opportunity for those who missed the previous events, or who have subsequently accumulated unwanted, unused prescription drugs, to safely dispose of those medications. The following police departments in Souhegan Valley will be participating in this event: Brookline, Hollis, Milford and Wilton. To find a location near you, visit the following website after April 1: [http://www.deadiversion.usdoj.gov/drug\\_disposal/take\\_back/index.html](http://www.deadiversion.usdoj.gov/drug_disposal/take_back/index.html)

### **Legislative Breakfast Hosted by the Community Action for Safe Teens (CAST) and Boys & Girls Club of Souhegan Valley - April 19<sup>th</sup>, 2013, 8:00-9:30 a.m.**

56 Mont Vernon Street, Milford NH

Please RSVP by visiting

<http://tinyurl.com/CASTbreakfast>

Members of the community are invited to participate in an open conversation with local legislative representatives about how substance abuse affects youth in our communities and how we can work together to educate and to promote healthy and safe activities. The meeting will be hosted on April 19<sup>th</sup>, 2013 from 8:00 - 9:30 a.m. by the Boys & Girls Club of Souhegan Valley, 56 Mont Vernon Street, Milford N.H. and CAST (Community Action for Safe Teens). At this legislative breakfast concerned citizens will have access to an open exchange of ideas and concerns.

CAST and the Boys & Girls Club of Souhegan Valley work together to promote healthy choices through awareness, action, and prevention of substance abuse. A committee of the Boys & Girls Club of Souhegan Valley, CAST has previously hosted "youth issues forums" to bring members of the community together to discuss issues affecting youth in our communities, provided leadership and advocacy training for teens, conducted a "sticker shock" campaign in local retail outlets to educate adults about purchasing alcohol for minors, and most recently formed a "flash mob" of local teen dancers who perform during halftimes at local high

school basketball games to promote positive messages, healthy choices and raise awareness of CAST and its mission.

## **Hollis Woman's Club News**

Do you need an excuse to do some spring cleaning? The Hollis Woman's Club is announcing its **Annual Community Yard Sale** which will be held from 8am-1pm on **Saturday, April 13<sup>th</sup>** at the Lawrence Barn on Depot Road in Hollis. Table space is available for \$20 if you bring your own standard size (6') table or \$25 if you want a table provided. If you are looking for some treasures, mark your calendar and come shop on that day. Household items, children's toys, decorative items, and jewelry will be for sale – something for all treasure seekers! For more information on tables or the sale, contact Jeanne Cleveland at [jeanne3584@yahoo.com](mailto:jeanne3584@yahoo.com) or call 465-2097.

The annual Spring Day Trip to NYC will be held on Saturday, May 11<sup>th</sup>. For \$65 a seat, you get a luxury bus ride leaving at 6am from the Tyngsboro Park & Ride. Your itinerary is your own, but the driver will make several drop-off stops along 5<sup>th</sup> Avenue near popular destinations. We all meet back at 7pm for the return trip home. Map and guidebooks and driver gratuity are included. All are invited to go – kids, spouses, friends! For more information, contact Susan Benz at [susan.benz@gmail.com](mailto:susan.benz@gmail.com) or call 465-3607. Deadline to reserve your seats is April 11<sup>th</sup> so don't delay!

## **Hollis-Brookline Area Meet and Greet**

Local businesses from Hollis and Brookline will be at the Lawrence Barn THIS Saturday, March 30<sup>th</sup>, from noon-4pm to introduce themselves to homeowners. Not only will this provide an opportunity for residents in Hollis and Brookline to know what types of businesses are provided locally, but it also gives businesses the chance to give back to the community. All businesses pay a participation fee, all proceeds from which go to the Nick Jennings Scholarship Fund to help provide scholarships to HBHS seniors. This year there will be a raffle table to raise additional money for more scholarship offerings. Donations for the raffle are appreciated. Contact Tina Carlson of Carlson Tree Service at 321-9268 or email her at [jorley02@aol.com](mailto:jorley02@aol.com).

## **News from your Guidance Department**

"The Groundhog Lied" seems to sum it up best this year. Multiple snow storms wreaked havoc with our student's hopes for warmer weather, sunny days, shorts

and flip flops! This year, dressed in boots and down coats, the school counselors wrapped up the course selection process. School counselors have met with all HBHS students in grades 9-11 as well as the HBMS 8<sup>th</sup> graders. We also offered four parent evening presentations and a parent breakfast to explain the online course registration process, review the *Program of Studies*, discuss graduation requirements and emphasize the importance of careful planning for future courses. The *Program of Studies* and PowerPoint **Course Selection Evening Presentations** are posted on the Guidance portion of the HBHS website for your continued reference.

The 2013-14 Course Selection process:

1. Counselors advised students to be thoughtful and careful about their course selection because the master schedule is built based on student requests.
2. Students and teachers held conversations regarding future coursework to discuss and reflect on anticipated classes for the upcoming school year.
3. All core subject teachers electronically submitted course recommendations for the 2013-14 School Year.
4. Students logged in and followed the "road map" to select core classes.

If students change their minds or opt for other courses after they submit their selections, we run the risk of not having an accurate request count. We try our best to balance students' schedules and fulfill all requests, and we allocate resources based on these requests. It is our goal to place all students in classes that are challenging and where they will be successful. We encourage students to find the balance that will bring them both academic and social/emotional health.

#### **Biology SAT prep course.**

- Who:** Students in grades 9-11 who are preparing to take the June 1 SAT II Biology test
- What:** Six weekly sessions to review the test content, format and test-taking strategies.
- Where:** HBHS room 309
- When:** Thursdays 2:30-4:30pm on April 18, May 2, 9, 16, 23, and May 30
- Why:** Students applying to colleges requiring SAT II scores may wish to attend a review course before taking the exam. For more information go to [www.collegeboard.com/student/testing/sat/lc\\_two.html](http://www.collegeboard.com/student/testing/sat/lc_two.html)

**Cost:** \$100 (includes Kaplan: SAT II Biology E/M 2012-2013 test prep book)

**Register:** Mr. Clark or Mrs. Wilkins at the main office by March 15. Late registration is still available.

## Senior News

**College Acceptance Letters.** As April 1<sup>st</sup> draws near, so do college admission decisions. Understandably these decisions can present disappointing moments for some students, while for others it may be the ultimate reward for four years of hard work and effort. We understand that many parents struggle with all that this decision entails. There is a great deal of *change* involved and patience and understanding can help. If you have any concerns or questions, call the colleges but also contact the Guidance Office for assistance during this time.

**Accepted Student Open Houses.** Colleges will be hosting **Accepted Student Days** on their campuses in the spring. This is a great time to see the college through the lens of an accepted student, and not a potential admission candidate. If you have any questions regarding Financial Aid, it is important to make an appointment to visit with the Financial Aid office when you are on campus.

**Deposit Date.** The national deposit date is May 1<sup>st</sup>. This is a non-negotiable deadline for schools. If you miss this deadline without contacting the college, it may jeopardize your acceptance. To ensure your spot in the class send a written confirmation and a deposit to one college. Seniors should inform colleges they do not plan on attending by either e-mail or a phone call so that these colleges may offer admission to other students that may be on their waitlist. This does not hurt colleges' feelings but helps them offer other students an opportunity.

**Waitlist.** Many schools use a waitlist in the admission decision process. Although the college of your choice may be the one you are on the waitlist for, be sure to deposit at another school as there is no guarantee the college will use the waitlist.

**Financial Aid.** If you are struggling to understand your financial aid award, please refer to the NH Higher Education Assistance Foundation (NHHEAF) in Concord. NHHEAF can be reached at [www.nhheaf.org](http://www.nhheaf.org) or by calling 800-525-2577.

**Scholarships.** Please check the scholarship section on the Naviance website for updated scholarship opportunities. Many local scholarships are arriving daily, and have April, May, and June deadlines. These



applications are either located in Guidance or can be completed online.

Please remember to fill out a **Scholarship Request Form** if you need supporting documents for your scholarship applications. Many scholarships include letters of recommendation, transcripts, test scores, etc. If you would like the application packet to be sent with the materials from Guidance, please attach your completed applications. If not, we will mail our supporting information separately.

**NCAA.** Students planning on participating in Division I or II college athletics MUST register online and have SAT scores sent to the Clearinghouse. Students and families should be familiar with all NCAA requirements. Regional athletic evening presentations are available – consult NHHEAF calendar. Go to [www.NCAA.org](http://www.NCAA.org) for general information and [www.eligibilitycenter.org](http://www.eligibilitycenter.org) to register.

**Advanced Placement Testing.** Advanced Placement Testing begins May 6<sup>th</sup> and runs through May 17<sup>th</sup>. All AP students have been given registration forms and booklets. Students should review the *AP Bulletin* carefully and must indicate they are familiar with the rules prior to taking the exam. The *Bulletin* also contains information about sending and canceling scores, credit policies at receiving schools and pertinent testing information. Students need to return the registration form with the registration fee to the Guidance Office by **April 1<sup>st</sup>**. Checks should be made payable to HBHS, with AP Test entered in the memo line. The established College Board fee is \$89 per exam. If you participate in the free/reduced lunch, please see Mrs. Maynard or Mrs. Bent in Guidance for a fee adjustment or waiver.

## Junior News

The **College Information Evening** was held on February 7<sup>th</sup> in the HBHS Auditorium. For parents and students who were unable to attend, the PowerPoint presentation can be found on the Guidance website. Student small group work sessions will be held for juniors on Friday, April 12<sup>th</sup> and Monday, April 15<sup>th</sup>. Juniors will meet in the computer labs and counselors will familiarize all students with the components of the college application process, as well as the HBHS protocols. We encourage junior students to make individual counselor appointments following these meetings to customize the college admission conversation.

With April vacation on the horizon, now is a great time to start scheduling college visits. All appointments to visit college campuses can be made through the

admission office of the college or through the colleges' websites.

**College Admission Handbook.** The College Admission Handbook is available on the HBHS website, under Guidance – College Information. This handbook is a wonderful source of information that gives students and parents the opportunity to learn more about what colleges are looking for, standardized testing, essay writing, interviews, college visits, NCAA guidelines, financial aid and more. We strongly encourage junior students and parents to review the handbook.

**Military Academies.** Students interested in applying to any of the military academies for fall of 2014 please be sure to see your counselor as soon as possible. The admission process is more complicated than applying to most colleges; supplemental documents are required, and deadlines are strict. Please see your counselor to begin this process.

**SAT Prep Opportunities.** Many students feel overwhelmed by the testing process. There are many test prep programs that can help a student feel more comfortable about testing. HBHS offers a wonderful prep course both in the spring and fall; however for any student who has missed the spring opportunity, the following programs may be helpful:

- St. Anselm College SAT Prep [AcademicResourceCenter@anselm.edu](mailto:AcademicResourceCenter@anselm.edu), 603-641-7017
- NH Virtual Learning Academy [www.vlacs.org](http://www.vlacs.org)

**American Legion Boys State.** American Legion Boys State is a program for boys in their junior year that have a B- or better average, have good character and health, and demonstrate outstanding qualities of leadership, character, and good citizenship. NH Boys State is a six-day training course in study and practical application of problems of self-government.

Information and applications are available in guidance or at [www.nhboysstate.org](http://www.nhboysstate.org). The application process includes submitting a draft bill or resolution. Selection and sponsorship is made in cooperation with the local American Legion Post. Boys State will run June 23-June 28 at Rivier University in Nashua. Application fee, sponsor fee, and applications need to be received by June 3, 2013.

**American Legion Girls State** is a practical application of Americanism and good citizenship accomplished through non-political lessons. This program is designed for girls in their junior year that want to learn more about government and politics and designed to develop

leadership skills and pride in being American citizens. It will be held June 23-29 at Franklin Pierce University. More information and applications can be found in Guidance. The deadline to apply is May 15.

## Sophomore News

**Bullying and Harassment.** Sophomore students will have the opportunity to participate in a workshop on bullying and harassment on April 3<sup>rd</sup> and April 5<sup>th</sup>. These sessions will be conducted in the sophomore English classes and will be presented by the **Bridges** professional staff. We continue to provide education and raise awareness so that no student experiences the pain of bullying and all students learn to report and take action against it.

**Career Symposium.** The Guidance department will host its annual Career Symposium for all sophomore students on Friday, April 19, from 7:30-9:45 a.m. The Career Symposium assists our students with making informed career and life choices. We welcome parents and community members to participate in this valuable experience by volunteering to be on one of our career panels. If you are interested, please contact Julie Sullivan in the guidance department at 465-2269 ext. 129 or [Julie.sullivan@sau41.org](mailto:Julie.sullivan@sau41.org). The time commitment on your part requires a few hours in the morning and helps students personalize their career paths in a way we cannot do with data.

**College 101 an Evening Presentation for Parents and Students.** HBHS counselors will hold an evening presentation on May 15<sup>th</sup> at 6:30 in the HBHS Auditorium. The session will provide an overview of all aspects of the College Application Process, including standardized testing, academic rigor, college search tools, developing a college list, utilizing college admission representatives at HBHS, Naviance, College Board, the Common Application, and more! This is a wonderful opportunity to receive this information early that allows students and parents to develop a manageable timeline for junior and senior year. This process can be very overwhelming! However, with sound guidance and pacing it is not only manageable but a wonderful journey.

## Freshman News

Freshman students will have the opportunity to participate in a workshop on bullying and harassment on April 1<sup>st</sup>. These sessions will be conducted in the wellness classes and will be presented by the **Bridges** professional staff. We continue to provide education and raise awareness so that no student will experience

the pain of bullying and all students learn to report and take action against it.

## Career News

**NEW! Career Exploration Sessions.** In response to feedback from sophomore students following the career symposium, we will now offer career exploration sessions to junior and senior students. These small group meetings will be offered monthly on a sign-up basis through Naviance. Upcoming sessions in April and May include an opportunity to meet with a physician and video game designer. Interested students can get additional information in the Guidance office.

**Camp Fully Involved at NH Fire Academy in Concord, NH - Sunday July 28, 2013 - Friday August 2nd, 2013.** Camp Fully Involved, an experience that provides young women with a comprehensive overview of the firefighting profession, will be held at the New Hampshire Fire Academy July 28-August 2. Cadets (young women ages 14-20), who are considering the fire or emergency medical services for a career, or students looking for a summer adventure are also welcome. Applications are available at [www.campfullyinvolved.com](http://www.campfullyinvolved.com)

## Communication

Please be sure to check our website and read the daily notices ([www.hollisbrookline.org](http://www.hollisbrookline.org)) for new information. Our Guidance section of the website has lots of information including evening presentations, financial aid, college admissions, testing, along with counselor contact information. For up-to-date HBHS Guidance information and reminders, please "like" us on Facebook at *HBHS Guidance*.

