

Some Thoughts from the Principal (cont. from page 1)

The social calendar continues to be busy with the Spring Concert and Tri-M Induction on April 24th, the National Honor Society's rescheduled Hypnotist show on May 7th, the Spring Fling Dance on Friday May 9th, Senior Prom on Friday May 16th at the Crowne Plaza in Nashua, the French Bistro on Sunday May 18th, and finally the Spring Play on May 23rd and 24th. Plans are also under way for our third annual Incoming Freshman Open House on the evening of Wednesday May 29th. There is no school for students on Friday May 23rd, a teacher workshop day and graduation is set for June 14th at 10:00am. A senior packet of information will be mailed home and posted on the website soon. This is a very busy time of year and we are attempting to keep an updated school event calendar as part of our web site.

Finally, as spring is the time of rebirth, we welcome to our teaching staff, Nerissa Calo and Michelle Sacco who are taking over for Christine Heaton and Cora Zingales while they are on maternity leave.

Tim Kelley, Principal



NEWSLETTER CREW

A very big thank you to Denise Hurt, Eileen Kelly, Erin Magee and Mary Mechling-Gold for their time and effort on collating, folding, taping, and labeling newsletters every month for the past several years. The March newsletter was the last time for us to handle such, as with this month (April), the newsletter travels a modern way known as electronically. Also, thank you Erin for your willingness and time to deliver the newsletters to the post office each month. A big thank you to Sarla Patel for printing the address labels each time, and to Debbie Champigny for dealing with the paperwork. To a great crew, Thank You! Donna Cormier



The Annual French Club Bistro will take place on Sunday, May 18th from 4:00 to 6:00 PM in the high school cafeteria. Tickets can be bought at the door or from a French club member for \$5.00. Come and enjoy the music and delicious food!



Selective Service Registration

The Selective Service System is an independent agency within the Executive Branch of the Federal Government. The mission of the Selective Service System is to provide the number of men needed by the Armed Forces, within the time required, should Congress and the President decide to return to a draft, in the event of a national emergency. Registration is the process of providing the Selective Service with name, address, phone number, and other related information about one's self. It is a civic and legal responsibility for every young man to register with the Selective Service within the time period starting 30 days before, and ending 30 days after, their 18th birthday. Register on-line at www.sss.gov or pick up a registration card at any post office. If you have any questions, please see Mr. Winslow in Guidance.



Guidance News

Note from the Director

Looking outside it sure feels like spring is trying to arrive. My tulips are starting to peek through and it gives me a warm feeling to see them after a long winter. With the start of spring we say goodbye to third quarter and hello to the final quarter of the school year. It is hard to believe another school year's end is coming but I think we are all looking forward to April vacation and the end of the year events.

Spring can be a hard time for students especially seniors who are trying to make very important decisions about their post secondary plans. The list of colleges that have accepted our students is staggering but it is still a tough time for all. What to do about college acceptances, waitlists, and denials are playing in their minds constantly not to mention that they will be graduating in eight weeks! All of this can be overwhelming, exciting and discouraging at the same time. There are so many unknowns facing our seniors and this can be quite difficult for them as well as the people around them. As always patience is the key. Students may appear undecided, disinterested and unpleasant, this is a normal reaction so do not be alarmed. Many of us feel this way when a large pending issue is hanging over our heads – especially when we are getting opinions from everyone we know including those we don't! It will happen, the decision will be made and things will look up after it is finally done. It would be so helpful if we had a crystal ball to show students how it will all work out but unfortunately we do not. We do have counselors that are willing to help so please feel free to contact us at anytime if you need support or assistance.

Registration will be almost completed as this newsletter arrives on your doorstep. The 8th grade students will be finishing up on April 14th. Although the new online process has some glitches overall it went well and we appreciate your patience and your thoughtful selection and attention to this activity. It is such an important part of what we do and with the master schedule being worked on in the next few weeks we are well on our way setting up schedules for next year.

Some new happenings in the Guidance office that are shared with you in this newsletter; how we make appointments and an information night for students interested in playing college sports. Please read on to learn more about these activities.

Have a very happy and safe vacation!

Please be sure to check our website and read the daily notices (www.hbhs.k12.nh.us) for all new information. We try to update both these sources of information on a weekly and sometimes daily basis.



Course Registration

The registration process is coming to a close including not just our current high school students but the over 200 new 9th grade students as well. We appreciate the students' attention to the process, the parents support and the teachers' thoughtful recommendations.

Counselors have been meeting individually with students, taking concerned parent phone calls and answering a lot of e-mails regarding course selection. We want to be sure to help any student or parent who has a question. Feel free to continue these communications even though the process of selecting the courses is over. It is an important part of each student's progress at HBHS. Please be patient with the Guidance department as we go through this busy time. We will do our best to answer all questions and work at balancing students' schedules but we are still working with our current 9th through 12th grade students and adding on the 8th grade students as well can be a busy undertaking.

Over April vacation the master schedule will be developed and we hope to have tentative schedules distributed in June. We appreciate your assistance in this process.

Making Appointments

In an effort to streamline students' requests for counselor appointments, the counselors have worked out a new procedure to enhance this process. The notion is to be more efficient and effective with our time and be more available for students and parents. This new way is fairly simple but different than it has been done for many years. We are in the midst of trying it out so please bear with us as we work out the kinks.

Students interested in seeing their counselor for anything other than a concern requiring immediate attention will fill out an appointment request. In doing this the student can let the counselor know what type of appointment they need i.e. college admission, academic advising, personal, etc... this allows the counselor to look at his/her schedule and determine the appropriate amount of time for the appointment. For instance; if a student and a parent are coming in for a college admission discussion this is typically longer than a 15 minute appointment to talk about a

schedule change, therefore this type of appointment will require more time out of the counselor's schedule. In the past we were often unaware of the length needed for the appointment and had to either cut it short or reschedule another student who had signed up because we went over the allotted time. We are hoping to avoid this and give each student the time he/she may need. Mrs. Noel will help students through the change if they have any questions.

Advanced Placement Testing

Advanced Placement Testing will be offered starting May 5th. Students will receive a detailed letter about the exams, room assignments, and times of the exams, supplies and expectations. This letter will be sent home the week before April vacation. Please be sure to look for this mailing.

AP Testing Schedule:

Mon., May 5	7:15 no exam	11:15 French
Tue., May 6	7:15 Computer	11:15 Statistics
	7:15 Spanish	
Wed., May 7	7:15 Calculus	11:15 no exam
Thu., May 8	7:15 English Lit	11:15 no exam
Fri., May 9	7:15 US History	11:15 European History
		11:15 Art Portfolios due
Mon., May 12	7:15 Biology	11:15 Physics
Tue., May 13	7:15 Chemistry	
Wed., May 14	7:15 English Language	
Fri., May 16	7:15 Human Geography	

May 8th Information Session for Athletes

New this spring!!!! On May 8th a member of NHHEAF will be coming to HBHS to discuss what it is like to be an athlete in college. He will discuss NCAA, balancing a collegiate sports schedule with academic responsibilities and the demands of collegiate athletics.

This event is designed for all students (and their parents) interested in playing sports in college.

Information Sessions and Tours

We are delighted that so many families find Hollis Brookline High School a potential option for their children and we are happy to answer any questions new members to our community have regarding the high school, however, due to the overwhelming amount of requests to talk with a counselor and tour the school, the Guidance department offers two time slots during the week for Information Sessions and Tours. Please call the Guidance Office (465-2269 x128) to schedule a time to come.

Communication

Please be sure to check our website and read the daily notices (www.hbhs.k12.nh.us) for all new information. We try to update both these sources of information on a weekly and sometimes daily basis.

Summer Enrichment Programs: The Guidance Office has information regarding summer courses, enrichment and experiential programs available to all students. Please check our expanding file of opportunities for students.

Senior News

Congratulations to all our seniors on their college acceptances. We are proud of all of you and hope and wish you the best of luck. Please let counselors know all college decisions and any scholarships or merit awards you may receive from schools.

Receipts for Information Sent

Receipts can be picked up in the Guidance Office for information that was sent to colleges. Receipts will be given to the student if they have paid the \$3.00 per school postage fee. Report cards will be held if these fees are not paid.

Final Transcripts

Final transcripts will automatically be sent to the college or university students tell us they will be attending. There is no need to request for this to happen. We will take care of this mailing as soon as the final grades are in. This mailing usually goes out by July 1st.

Accepted Student Open Houses

Colleges will be hosting Accepted Student days on their campus' in the spring. This is a great time to see the college through the lens of an accepted student not a potential admission candidate. These days often help students make that final decision. If the college does not host such an event it is helpful to make some time to see the campus again to get a clear idea about your choice. Colleges welcome potential students to visit classes and experience the life of a student on their campus. Be sure to take advantage of this opportunity. If you have any questions regarding Financial Aid it is important to visit the Financial Aid office as well when you are on campus.

Deposit Date

The national deposit date is May 1st. This is a non-negotiable deadline for schools. If you miss this deadline, without contacting the college, it may jeopardize your acceptance. To ensure your spot in the class send a written confirmation and a deposit to one college. Seniors should inform colleges they do not plan on attending by either e-

mail or a phone call so that these colleges may offer admission to other students that may be on their waitlist. This does not hurt colleges' feelings but helps them offer other students an opportunity.

Waitlist

Many schools use a waitlist in the admission decision process. Although the college of your choice may be the one you are on the waitlist for be sure to deposit at another school as there is no guarantee the college will use the Waitlist. In fact colleges are using the waitlist less and less.

Financial Aid

If you are struggling to understand your financial aid award a great resource is the NH Higher Education Assistance Foundation (NHHEAF) in Concord. NHHEAF can be reached by e-mail www.nhheaf.org or calling 1-800-525-2577.

Scholarships

A list of scholarships is located on the website and is updated every Friday. Applications are available in Guidance. Mrs. Gangemi does a great job keeping up with all the opportunities available to students. Deadlines are coming up fast so be sure to get your information in to your counselor as soon as possible.

Please check the scholarship section on the Guidance website for updated scholarships on Fridays. Many of the local scholarships have MAY deadlines. These applications can be found in Guidance and your completed applications are often returned to Guidance.

Please remember to fill out a Scholarship Request form if you need supporting documents for your scholarship applications. These include letters of recommendation, transcripts, test scores, etc. Remember recommendations are confidential and need to be sent through the Guidance Office. If you would like the application packet to be sent with the materials from guidance, please attach your completed applications. If not, we will mail our supporting information separately. A \$2 fee will be charged to mail your supporting documents from the high school.

NCAA

Senior Athletes interested in participating on athletic teams in college must register with the NCAA. This may be done online at www.ncaaclearinghouse.net. The NCAA (Clearinghouse) Eligibility Center will require that transcript be sent through the mail. Guidance is happy to send the transcript to the Eligibility Center if you provide us with the NCAA forms (downloaded from the website) that need to accompany the transcripts. One form must be sent when you submit your initial eligibility form and

another must accompany your final transcript when you graduate. If these forms are not submitted to NCAA it will delay the athlete's ability to compete at the collegiate level so it is important to get these to Guidance as soon as possible.

Junior News

As mentioned in the last newsletter it is now the juniors turn to get into the college admission frenzy. Counselors are already busy meeting with juniors and their parents discussing options and colleges to visit. Counselors will be visiting with juniors on their caseloads in the next few weeks to discuss the college admission process. With the April vacation on the horizon it may be helpful to start scheduling college visits. All appointments to visit college campuses can be made through the admission office of the college. By notifying the admission office families can be assured a tour and an interview if they so choose. April vacation is a perfect time to visit college campuses. Please refer to the College Admission Handbook for interview questions, how to schedule a visit and important timeline information.

College Admission Handbook

The College Admission Handbook has been updated and distributed to all junior students. This handbook is a wonderful source of information and has all the forms needed to get through the maze of paperwork students face their senior year it also has a list of helpful websites. The handbook allows students and parents the opportunity to learn more about what colleges are looking for, college entrance exams, essay writing, interviews, college visits, NCAA guidelines and financial aid and more. We strongly encourage junior students to use the handbook.

Military Academies

Students interested in applying to the any or the Military Academies for fall of 2009 please see your counselor as soon as possible. The admission process is more complicated that applying to most colleges and needs more documentation and has more deadlines to meet. Therefore it is in the best interest of the student to have the conversation with his or her counselor early in the process.

SAT Information

The college admission handbook had a lot of information on testing – be sure to check it out!

SAT Reasoning Tests and SAT Subject Tests: Registration for upcoming tests is ongoing through the College Board website. If students are having trouble accessing their account through the College Board please stop by Guidance to pick up a paper copy of the registration information.

Deadlines are approaching quickly so be sure to attend to them.

Registration for tests on: June 7th – deadline April 16th
SAT's are not administered at HBHS but are available at Milford Nashua, Souhegan and other local schools. Specific locations are online or in the registration booklet in Guidance. Be sure to put the HBHS code number down on your registration information and the day of the test. The code number is 300-275.

Please note that it is up to the student to send testing results directly to the colleges. Colleges do not accept copies and they are only official if the scores come directly from the testing agency (College Board/ACT).

It is important to plan testing around busy sports and activity schedules in the spring. Check with coaches and club advisors as to what weekend dates games, meets and activities may be scheduled.

Colleges like to see a junior SAT and a senior SAT score and will take the highest scores of each section. Students should plan to take the SAT's at least twice during the college admission process. Student can also take the ACT. Colleges look at the ACT and the SAT interchangeably so there is no disadvantage to taking either or both. Some students find they do better on the ACT than the SAT so it is worth investigating or asking your counselor about this test. Registration and general ACT information can be found on www.ACT.org

Please note: SAT Subject Tests are required by a small percentage of school but always by more competitive colleges. Students may want to think about taking these tests at the end of the year of the year they finish the class (i.e.: Accelerated Biology or Precalculus students may want to take the SAT in biology or math at the end of 9th/10th grade).

Sophomore News

Any sophomore student who participated in the PSAT testing and has not received their scores please see your counselor as soon as possible. It is important for accelerated students to consider taking the SAT Subject tests at the end of their sophomore year. Please see the section on SAT testing in this newsletter.

Counselors will be meeting sophomore students in their classes starting in May to discuss future planning.

The sophomore students will be participating in the Career Symposium in April. Mrs. Demarest has done a great job putting this new program together.

Freshman News

Counselors will be visiting Freshman Wellness classes in May to explain grades and transcripts.

Hollis Brookline Athletic Booster Club

HB Athletic Booster Club Officers

The Officers have been selected for the 2008-09 school year and will begin their term on June 1, 2008. The new Officers are:

President:	Trish MacDonald
Vice President:	Eileen Kelly (Second Term)
Treasurer:	Sue Nierendorf (Second Term)
Secretary:	Monica Rencken
Trustee:	Linda Drazin

I feel that the HBHS scholastic/athletic community is extremely fortunate to have such an outstanding group of volunteers for the upcoming year.

HBABC Scholarships

As mentioned in last month's Newsletter, the members of the HBABC have unanimously voted to give the year ending HBABC Athletic scholarship selections back to the Athletic Director, Rhon Rupp, his coaches and staff. This year we will be awarding ten scholarships.

- 1 Leadership Scholarship to one male student/athlete
- 1 Leadership Scholarship to one female student/athlete
- 2 Outstanding Effort Scholarships to two male student/athletes
- 2 Outstanding Effort Scholarships to two female student/athletes
- 2 Sportsmanship Scholarships to two male student/athletes
- 2 Sportsmanship Scholarships to two female student/athletes

At the end of May, the Sports Rep for each sport will be contacting their respective varsity coach for their nominations for these scholarships.

Save the Dates

June 10, 2008 – Spring Sports Awards Night

September 15, 2008 – 19th Annual Cavaliers Golf Tournament

Invitation to Join the HBABC

Finally, if you might be interested in becoming a new member of the HB Athletic Booster Club, please contact me at dlafurn@aol.com. Now would be a great time to join the HBABC and help support the athletic programs at HBHS for the 2008-09 school year. New members are always welcome.

Dan Lyons

Hollis Brookline Athletic Booster Club

dlafurn@aol.com

Attention please!

Mr. Quinn wants your used ink cartridges. Through the magic of technology, he's able to turn them into money which works towards improving the technology in the building. Just leave them in the office and he'll take care of the rest!



Transition and Outside Agencies

Transition from high school into the community is an exciting yet sometimes challenging step for students and their families. What many of our students and families may not know is there are many supports available to them as they take this next step into adulthood. Two primary agencies that work closely with the school during a student's high school experience are Vocational Rehabilitation and Area Agency.

Vocational Rehabilitation assists persons with disabilities to achieve their employment goals. Vocational Rehabilitation is a joint State/Federal program that seeks to empower people to make informed choices, build viable careers, and live more independently in the community. NH Vocational Rehabilitation supports the following programs and priorities:

- Rehabilitation Services
- Transition
- Services for the Blind and Visually Impaired
- Services for the Deaf and Hard of Hearing
- Independent Living
- Disability Determination Services

Many of the services that NHVR provides can begin while a student is still in high school. If a student has been determined eligible for Vocational Rehabilitation benefits, they are assigned a counselor who can assist with job training and placement, as well as being an important member of the student's transition team. For more information you can contact the local NH Vocational Rehabilitation Office at (603) 889-6844 or contact your school's special education department for an application.

The Area Agency of Greater Nashua, Inc. maintains programs and services which promote growth and independence for individuals with developmental disabilities. They believe that all people are of great value and they strive to be innovative when providing quality supports needed for individuals to lead meaningful lives in their community. The people they serve include: infants with developmental delays, children and adults with disabilities, and elders in need of support. Family and Adult Support Services include:

- Information and referral to supports and services
- Educational Information
- Transition planning information
- Information regarding estate planning and benefits
- Parent to Parent
- Legislative information
- Guardianship assistance
- Respite
- Vocational supports
- Residential services
- Community support services

If a student has been determined eligible for Area Agency benefits, they are assigned a counselor who can assist with family support services, transition planning, and they become an important member of the student's transition team at the high school. For more information you can contact the local Area Agency office at (603) 882-6333 or visit their website at www.AreaAgencyNH.com.

The Cavalier
Chronicle



The Cavalier Chronicle, the HBHS student newspaper, is published the third Friday of every

month. Be sure to ask your kids to bring their copy home to share with you. We welcome parent input for story ideas by the first of every month (perhaps your teen is doing something newsworthy outside of school but is too shy to let us know). Additionally, business owners are encouraged to advertise with us. Please e-mail your mailing address, and we'll send you a packet with pricing, sizes, and publication schedule. Contact Lin Illingworth at illingworthl@sau41.k12.nh.us or call 465-2269 for more information.

Sophomore Career Symposium

On Friday, April 18th thirty eight professionals will give all sophomores an

overview of their career experiences. Students will select two career clusters and learn about 5-6 different jobs within a particular career cluster.

- On a typical day in this position, what do you do?
- What special knowledge, skills, or experience do you need for this job?
- What training and education is required for this type of work.
- What do you like least about your job?

All of these questions and more will be answered by professionals in the fields of business, architecture, arts, communications, engineering, health sciences, human services and hospitality.



Hollis/Brookline High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Please be sure to include your student's first/last name and student ID # on all checks. Thank you!			1 SPRING VACATION!	2 SPRING VACATION!
5 Crispy Chicken Tenders Rice Corn Assorted Fruit	6 Pasta w/ Meat Sauce Dinner Roll Broccoli Spears Assorted Fruit	7 Chrysanthi's Pizza or Cook's Choice Caesar Salad Assorted Fruit	8 Ultimate Nachos! Beef, Cheese, & Beans Sour Cream & Salsa Carrot Sticks & Dip Assorted Fruit	9 Cook's Choice! Vegetables Assorted Fruit
12 Chicken Nuggets Buttered Noodles Carrots Assorted Fruit	13 Macaroni & Cheese Breadsticks Green Beans Assorted Fruit	14 Chrysanthi's Pizza or Cook's Choice Corn Assorted Fruit	15 Cheeseburgers/Bun or Veggie Burger Spicy Fries Calif. Veggies Assorted Fruit	16 Oven Baked Chicken Potato Wedges Dinner Roll Assorted Fruit
19 Hot Dog/Roll Carrot Sticks & Dip Baked Beans Assorted Fruit	20 Mozzarella Cheese Sticks w/ Sauce Spanish Rice Mixed Veggies Assorted Fruit	21 Chrysanthi's Pizza or Cook's Choice Pasta Salad Assorted Fruit	22 Chicken or Cheese Quesadillas Rice Green Peas Assorted Fruit	23 No School Teacher Workshop!
26 No School Memorial Day!	27 Cook's Choice! Vegetables Assorted Fruit	28 Chrysanthi's Pizza or Cook's Choice Caesar Salad Assorted Fruit	29 Chicken Patty/Bun- Spicy or Crispy Pasta Salad Pretzels Assorted Fruit	30 Buffalo Chicken Wrap Cole Slaw Pretzels Assorted Fruit

MENU'S ARE SUBJECT TO CHANGE
Student Lunch is \$2.25 & includes milk



Milk is available in whole, 1%, skim, & low-fat chocolate

* Offered daily- pizza, a variety of sandwiches, and salads 

* A variety of snacks and beverages are available for sale daily

**Fresh Fruit or
100% Juice Available daily**

In accordance with Federal law and U.S. Dept of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write, USDA, Director, Office of Civil Rights, Room 326-W,

Due to the number of student's carrying a negative lunch account balance at the high school, the kitchen will be implementing the following beginning May 9th 2008: any student who owes more than \$2.50 will be given a cheese or peanut butter lunch in place of the main lunch. The account will still be charged for a lunch. Students are told numerous times when their balance is getting low and need to bring in lunch money.
Thank you for your understanding!
Amy Cassidy & the High School Food Service Staff