

Hollis Brookline



High School

www.hbhs.k12.nh.us

January 2006 Newsletter

Some Thoughts from the Principal

I would like to wish all a healthy and happy new year. As I write this over the Martin Luther King holiday weekend, it is assumed that our students are using the extra time to prepare for their mid term exams which run from January 17 - 20th. It is hard to believe that the first semester has come to a close. The new semester began January 23rd and report cards will be sent home on January 27th. Many of our seniors are placing the finishing touches on their college applications and are reminded that it is important it is to maintain strong grades until graduation in June.

On January 11th the PTSA in conjunction with the guidance department, sponsored a forum for seniors with recent HBHS graduates who spoke on college transition issues. I was pleased to learn that the alumni felt their high school experience prepared them well for college, especially in the area of writing. In addition, our hard working guidance department, after finishing the college application season and distributing PSAT results, is now planning a Junior College Night for the evening of February 23rd.

I find it wonderful to see so many of our students involved in after school activities. The senior class has also been busy preparing for the first ever Mr. HBHS pageant, planned for January 26th. Auditions are complete for the spring musical, "How to Succeed in Business Without Really Trying" and "The Laramie Project". The winter sports season is in full swing with games and meets scheduled throughout the week, weekdays, and during vacation. The talented students who belong to the Pep Band and Spirit Squad perform at all home basketball games; they are worth the price of admission. The US First Robotics season is underway, with students working evenings and weekends preparing for their annual competition. Our traditional Spirit Week, scheduled for early February, is topped off with a Pep Rally and evening basketball game on Friday.

As we go through the budget season there is ongoing discussion concerning plans to expand the cafeteria and the need for a school resource officer next year. I would ask that you stay tuned to informational updates and public forums so that you may be informed on these important budgetary issues.

We are also busy putting the finishing touches on the Program of Studies in preparation for the 2006-07 course selection process. The Instructional Practices Committee recommended a number of changes for next year, which were adopted by the School Board at the December meeting. All students, including seniors, must carry a minimum of 6 credits and a maximum of 1 study. Science labs will be incorporated into the regular science course and will not be a separate class. We will offer students the opportunity to select seven courses, which should be no change for those previously enrolled in a lab science as the lab was the additional course selection. Most classes will meet four times a week, two days for 54 minutes and 2 days for 81 minutes. The bell schedule will run either 5 or 6 periods daily on a rotating basis. This will increase instructional time by 15% in most classes and we hope will result in a more rewarding educational experience for all.

Most information mentioned here is also on the school web site which has been managed this year by Mr. John Boucher of our science department. A number of people have mentioned that it is great

resource for parents, including daily announcements, cancellations, teacher email address, telephone extensions. The Instructional Practices Committee also has a link on the school web page.

In closing, on behalf of the staff here at Hollis Brookline High School, it is a privilege and a pleasure to continue to work with your children each day. As a staff member with over 30 years in the district said at a meeting recently, "This is a fun place to work."

A Message from the PTSA

Hello to all our students, parents, teachers, and staff of HBHS. We hope you had a wonderful vacation and are enjoying the snow.

At our December PTSA meeting we were thrilled with our Guest Speakers: Mr. Rich Pike- our new Superintendent, along with Mrs. Brenda Poznanski- our new Director of Guidance, each gave an informative presentation. They answered many questions from those present. Mr. Tim Kelley regularly attends our meetings and we frequently have another representative from the school. PTSA meetings are a great way to meet the people who are directly responsible for the wonderful education and learning environment that our students at HBHS enjoy. We will be inviting some Heads of Departments to our February meeting.

The PTSA supported the Cavalier Chronicle financially when it first started. Now the school newspaper needs some additional assistance. This is a wonderful publication that informs the community and gives our students the opportunity to learn the various jobs required to produce a newspaper. They are seeking a Business Manager. This person would supervise the students in soliciting advertisements from local businesses. There is a cost to produce the paper, and funding is needed. So, if you have any interest in this volunteer position, please contact one of us or Mrs. Kelly Sewell, newspaper adviser, at sewellk@sau41.k12nh.us.

We thank the Teachers and Staff of HBHS who have joined the PTSA. At our December meeting, we drew a name of all those who had joined...Mr. Michael Fox won the prize of a gift certificate to the Toadstool Bookshop. Perhaps next year you will join and you could be the lucky winner. We really do appreciate the show of support that membership gives us.

A presentation on Internet Safety and the role of a Student Resource Officer will be held in the HBHS Auditorium on February 15, 7:00 PM (snow date February 20). For more information contact Kathy deLacy (delacy5@charter.net).

Thanks to Alison Farrell for taking charge of the Bridge Building Dinner in December. Those who attended were well fed and happy.

Thanks to Pat Marquette for continuing to schedule Parent Education Speakers.

Our meetings are usually held the 2nd Thursday of each month, at 7:00 p.m. in the Mini Cafeteria. Please join us. If you have any questions or recommendation, please feel free to contact us- your PTSA Co-Presidents.

Lex Bundschuh	UNOFAM@aol.com	465-3142
Jean Filer	JHFSKIER@cs.com	598-1050

Scholarships

2005-2006 SCHOLARSHIPS AVAILABLE IN GUIDANCE



AAA Travel High School Challenge

- 9th-12th grade students put their geography and travel knowledge to the test. Check the website or guidance for more info www.aaa.com/TravelChallenge.
- Award: Varies from \$10,000-25,000.
- Online competition January 9-17, 2006. Registration from November 1- January 17, 2006.

Destination College Scholarship Competition

- College-bound high school senior or Destination College alum. Submit a ten minute presentation (written or recording) about the college planning and application procedures. Winner will be a featured speaker at Destination College.
- Award: Featured speaker will receive a \$500 scholarship. Two finalists will receive \$100 book scholarships.
- Deadline: Speeches and recordings should be received by February 13, 2006.

Discover card Tribute Award Scholarship Program

- To be eligible, you must be a current high school junior with a GPA of 2.75, who take the lead, have experienced a significant obstacle(s) and who are giving back to their communities. Scholarship may be used at trade, technical, two or four year colleges for any career you choose. Applications at www.discovercard.com/tribute.htm.
- Deadline: 1/31/06.

FIRST (For Inspiration and Recognition of Science and Technology) Scholarship program

- To recognize and reward students whose FIRST experience has inspired an interest in pursuing an engineering career, ASME International (The American Society of Mechanical Engineers) will award \$5,000 scholarships to high school seniors active on FIRST teams, who are nominated by ASME members or student members who are also active with FIRST. Please see www.usfirst.org/robotics/2006/scholarshipsummary.htm for more details. Several colleges participate as well.
- Deadline: January 31, 2006 or deadlines vary by college.

2006 Holocaust Remembrance Project

- Essay contest for high school students. Please see Mrs. Gangemi in guidance or www.holocaust.hklaw.com for more information.
- Students compete for all-expense paid trips to Washington, D.C, and scholarships up to \$10,000.
- Deadline: received May 1, 2006.

Humane Society of the United States Shaw-Worth Memorial Scholarship

- Eligible student is a New England high school senior who has made a meaningful contribution to animal protection over a significant period of time. Information in guidance.
- Award: \$1500
- Deadline: March 15, 2006.

Knights of Columbus Council 11573 Scholarship

- Eligible students are sons or daughters of members in good standing of a council within greater Nashua (Nashua, Hollis, Hudson) who are seniors in high school or sons/daughters of deceased members, or sons/daughters of families registered in the Parish of the Resurrection. Must be a US citizen. More details in guidance.
- Amount: Two scholarships of \$500 each.
- Deadline: March 15, 2006.

New Hampshire Charitable Foundation William E. & Lorraine Dubben Scholarship Fund

- Scholarship for students from Brookline (and Hillsboro-Deering) who demonstrate a motivation to achieve their potential and to become community leaders. Applications in guidance or at nhcf.org.
- Amount varies.
- Deadline: March 24 (received by 5 p.m.), 2006.

Stephen Phillips Memorial Scholarship Fund

- Renewable scholarship for high school students in New England and Mid-Atlantic states. Academic excellence, citizenship, and financial need are all criteria for consideration. Information in guidance or at www.phillips-scholarship.org.
- Awards: \$3,000-\$10,000.
- Deadline: May 1, 2006.

Attention please!

We could use some help....



Mr. Quinn wants your used ink cartridges. Through the magic of technology, he's able to turn them into money which works towards improving the technology in the building. Just leave them in the office and he'll take care of the rest!

The HBHS library is looking for parent volunteers who would be willing to help in the library after school from 2:30 to 3:30. Please call Ms. Boucher at extension 207 at the high school if you would be able to assist.



The Cafeteria is in need of kitchen substitutes. Parents looking for a way to help should contact Amy Cassidy at extension 245 for more information or e-mail her at cassidya@sau41.k12.nh.us

Parent Educational Series 2006

Feb 15th - How to Talk to your Teens about Sex / Date Rape
- Anne Johnson, Planned Parenthood

Mar 28th - Bullying / Harassment / Hazing
- Robert Bryant, Second Growth

How to Talk With Your Child About Sexuality

This workshop is a parent program designed to help parents gain the comfort and confidence in talking about this sensitive topic. Communicating about sexuality is more effective if it starts early and is more than the one-time "BIG TALK." Join other parents who have the same concerns to learn how to start the conversation and create an open and honest on-going conversation with your child about your values with regard to sexuality. This workshop will prepare you for the most challenging questions and help you become more aware of your child's reality. Kids face so many influences, from media to their friends that they look to parents to provide them with real and honest information. Most importantly, this program will equip you with the tools to begin a long lasting, open dialogue with your child. The Hollis Brookline PTSA S-Team is sponsoring this event. The workshop is free and open to anyone in the community. It will be held **Wednesday, February 15th**, at 7 p.m. at the Hollis Brookline High School. For more information you may contact Pat Marquette at 673-1957.

BOOSTER CLUB

Happy New Year! The H/B Athletic Booster Club is off to a great start thanks to the efforts of Dan Lyons and Eileen Kelley. They have worked hard to pull together our first ever "Media Guide". For a small fee of \$2.00 you can have your copy. This attractive magazine will be a keep sake for years to come. Watch for sales at the home basketball games. Remember with out parent volunteers we wouldn't have this group that is able to reward our student athletes in so many ways. Please join us the second Wednesday of the month at 7:00 p.m. in the principals conference room. Feel free to contact me with questions or suggestions anytime. Joyce O'Connor joc4936@yahoo.com or 930-4012.



Selective Service Registration

The Selective Service System is an independent agency within the Executive Branch of the Federal Government. The mission of the Selective Service System is to provide the number of men needed by the Armed Forces, within the time required, should Congress and the President decide to return to a draft, in the event of a national emergency. Registration is the process of providing the Selective Service with name, address, phone number, and other related information about one's self. It is a civic and legal responsibility for every young man to register with the Selective Service within the time period starting 30 days before, and ending 30 days after, their 18th birthday. Register on-line at www.sss.gov or pick up a registration card at any post office. If you have any questions, please see Mr. Winslow in Guidance.



Guidance News

Note from the Director

As the holiday season comes and goes I am struck by how fast the school year progresses. I feel as if I was just introducing myself to you in the August Newsletter and here we are half way through the academic year. It has been a busy and productive fall in the Guidance Office. We have met with our ninth grade students introducing them to Hollis Brookline High School and the services offered in the Guidance Office, we are continuing our work with the 10th and 11th grades around college testing, course selections and careers, but of course the big push for all Guidance departments in the fall is college admissions. This has kept all of the counselors and our wonderful staff hopping! We have sent out over 450 mailings to colleges and universities and there is no slow down in sight. Although this seems like a lot we are thrilled students are active in the admission process. The adage “if you don’t apply you will never know” is important and one we truly believe in. Students should not self-select themselves out of the process because they *think* or they *heard* something from someone. The resources available to students are the college admission offices and the counselors; they do this everyday and will get the correct information to the student.

The holidays are often stressful and can cause students to become increasingly anxious for various reasons then they return to school and are facing mid-terms. Mid-terms are upon us and we all have seen an increased level of anxiety, stress and fatigue around the hallways. Seniors find this time of year especially difficult as the college decisions start to come in and the constant mantra of “where did you apply, where did you get in?” distracts them they still need to stay focused enough to get through mid-terms, those AP classes that sounded so go in August and maintain energy until the end of their senior year. Patience, understanding and a cleansing breath all help but if not, please know that the counselors are here to help all students. Feel free to e-mail, call or stop by if there is something to that we can help with. Have a Happy New Year!

Please be sure to check our website and read the daily notices (www.hbhs.k12.nh.us) for all new information. We try to update both these sources of information on a weekly and sometimes daily basis.

Senior News

Counselors are continually meeting with seniors to discuss college plans but any senior who has not met with his or her counselor is encouraged to set up a meeting as soon as possible. Parents are always welcome to come with their senior or to call and arrange a meeting. Deadlines are approaching fast so please make a counselor appointment soon.

Receipts for Information Sent

When information has been sent to a college each student will receive a receipt stating what was sent to a college and the date it was mailed. Students should stop by the Guidance Office to pick up their receipts so that they know exactly what was sent to colleges and when. Please keep these for your records. Receipts can be picked up in the Guidance Office but will only be given to the student if they have paid the \$2.00 per school postage fee.

Make copies!!! Given the volume of paper and electronic information colleges are receiving at this time of year it is very important to have either electronically or paper copies of all the information you have sent to colleges. Colleges often misfile and/or lose information due to the amount of information that they receive.

Colleges tend to send out cards, letters or e-mails stating they have not received the information from the high school. *Before* panic sets in please be aware of the following explanation. Because students send their applications directly to colleges and universities, there is often a lag time between the arrival of the high school information and the application. There are instances when the high school information arrives in the admission office before the application and visa versa. When a college receives an application they typically look to see what information has come with the application and check that off. Any other information that is not with the application will be requested –*whether it is already in the admission office or not!* This is confusing for the applicant especially if they have requested the information to be sent to the college more than a month before. Again, *do not panic* – usually the information is in a file at the college and they have not matched it up with the application yet. When you receive a notice of this sort please call the college and ask them to look for the information telling them when it was sent from the high school (based on the receipt). More often than not they have the information within the admission office. We very rarely get information sent back to us so there is a good chance it is at the college. This situation can be very unnerving and causes a high degree of anxiety but can easily

be rectified by calling the college. Colleges will not disadvantage a student because information is misfiled. Copies can come in very handy when information is lost.

College Admissions

Seniors, keep in mind deadlines are coming and going rapidly. UNH has a February 1st deadline for admission, Therefore your pink *Supporting Documentation Form* needed to be to your counselor by January 9th. If you missed this deadline see your counselor immediately. Many other schools operate under rolling admission and are still accepting applications through the winter and early spring. Be aware that the earlier you get your application in the better chance you have to receive financial aid and campus housing.

Early Decision and Early Action Decisions will be coming out in late December and early January. Congratulations to those students who have been accepted to colleges early! Students whose early decision or early action admission decisions have been deferred still have an opportunity to be accepted to the college and should see their counselor to determine what information they may want to send to enhance their application.

Midterm Reports are a part of the application process and many college applications, especially the Common Application, have a specific form that must accompany midterm grades and be completed by the counselor. Be sure to check the applications and please bring the **Midterm Report** form to Guidance as soon as possible. Midterm reports will be going out to the colleges after report cards come out on January 27th.

Acceptances to colleges should be shared with the counselor. We keep records of these decisions so we would appreciate students letting us know the admission decisions.

Financial Aid Information

January 1st is the first date that families can submit the FAFSA form. Although it can be done on a paper copy and mailed, the government and financial aid experts encourage families to submit the FAFSA on line. Over 80% of filers from last year submitted on line. If you have concerns regarding Financial Aid at this time, an appointment with college financial aid offices is a good way to learn about that particular college's financial aid opportunities. All colleges require the FAFSA form from families that are considering financial aid. To fill out the FAFSA on-line, use the government website www.FAFSA.gov.org. Again the FAFSA can not be submitted before January 1, 2006.

Some private colleges will require the CSS PROFILE. The PROFILE is only for private colleges and only certain schools use this form. It can only be submitted electronically and can be accessed through the College

Board website at www.collegeboard.com. The PROFILE can be submitted at any time. Colleges have very strict deadlines for Financial Aid applications so it is important to adhere to the deadlines.

Another great source of information is the NH Higher Education Assistance Foundation (NHHEAF) in Concord. NHHEAF can be reached by e-mail www.nhheaf.org or calling 1-800-525-2577. Financial Aid materials are available in both Guidance and the library at HBHS. Please check the Guidance website for more scholarship and Financial Aid information.

Don't self-select yourself out of the Financial Aid process. You never know unless you apply!!

NCAA

Senior Athletes interested in participating on athletic teams in college must register with the NCAA. This may be done online at www.ncaaclearinghouse.net. The NCAA Clearinghouse will require that transcript be sent through the mail. Guidance is happy to send the transcript to the Clearinghouse if you provide us with the NCAA forms (downloaded from the website) that need to accompany the transcripts. One form must be sent when you submit your initial eligibility form and another must accompany your final transcript when you graduate. If these forms are not submitted to NCAA it will delay the athlete's ability to compete at the collegiate level so it is important to get these to Guidance as soon as possible.

Reminder

Although every senior received a letter from their counselor at the beginning of September regarding graduation requirements, it is important that any senior who is either missing credit or in need of adding a course required for graduation sees their counselor immediately. Seniors will be receiving another letter after midterms alerting them to what they may need to graduate. *If you are missing a graduation requirement or you are in danger of failing a required course it is vitally important for you to see your counselor immediately.*

Junior News

Starting the week of January 9th counselors met with groups of juniors to discuss their PSAT test results. Students were asked to sign up in Guidance starting the week of December 19th to schedule a time and date to meet with their counselor. Counselors went over in detail the score report so students will get the most out of this practice test and know how to prepare for the upcoming SAT. We thank you for your

patience with this activity as we feel it is very important for students to understand the PSAT results so they will know what to expect when they take the SAT. Keep in mind that these scores are confidential and that colleges do not see them. If a student did not receive his or her score report it can be picked up in guidance. If the student would like a detailed explanation he or she may make an appointment with the counselor.

Junior College Information Night

On February 23rd from 7pm – 8:30pm the Guidance Department will host an information night for Juniors and their parents. This evening is designed to help families start the admission process. More information will be on the website and in the February Newsletter.

SAT Information

SAT Reasoning Tests and SAT Subject Tests: Registration for upcoming tests is ongoing through the College Board website. If students are having trouble accessing their account through the College Board please stop by Guidance to pick up a paper copy of the registration information. Deadlines are approaching quickly so be sure to attend to them. Registration for the April 1st test is February 24th. No Subject Tests are administered in April. SAT's are not administered for at HBHS but are available at Nashua, Souhegan and other local schools. Specific locations are online of in the registration booklet in Guidance.

It is important to plan testing around busy sports and activity schedules in the spring. Check with coaches and club advisors as to what weekend dates games, meets and activities may be scheduled.

Colleges like to see a junior SAT and a senior SAT score and will take the highest scores of each section. Students should plan to take the SAT's at least twice during the college admission process.

SAT Prep courses are offered here at Hollis Brookline High School and at other agencies. Please see your counselor if you are interested in knowing what courses are available. The Hollis Brookline course sign up will be the first week in February, listen for the announcement and check the website.

Destination College

The New Hampshire Higher Education Assistance Foundation (NHHEAF) is sponsoring its annual statewide college convention for high school juniors and their parents. This free event will be held at Southern New Hampshire University on Saturday March 18th from 8am to 2:30 pm. Pre-registration is required and can be done on-line at www.destinationcollege.org. Reservations must be received by March 10th. This is a great program that offers a variety of workshops for students and parents, motivational speakers, mini college fair and an opportunity to enter a scholarship raffle.

Sophomore News

As with the junior PSAT takers counselors met with any sophomore student who participated in the fall testing. Sophomores who did not receive their scores should come to Guidance to pick up their results. If they would like a detailed explanation, please make an appointment with their counselor.

HOBY

Congratulations to J.P. Gorham for being selected to represent Hollis Brookline High School at the 2006 Hugh O'Brian youth Leadership conference. HOBY brings together a select group of high school sophomores who have demonstrated leadership ability. They interact with distinguished leaders in business, government, education, and other professions to discuss present and future issues.

COME SUPPORT THE HBHS WRESTLING TEAM
at the
CAVALIER CLASSIC TOURNAMENT

February 11, 2006
Hollis Brookline High School Gym
10:00 AM - 4:00 PM





February 2006 Hollis/Brookline Coop



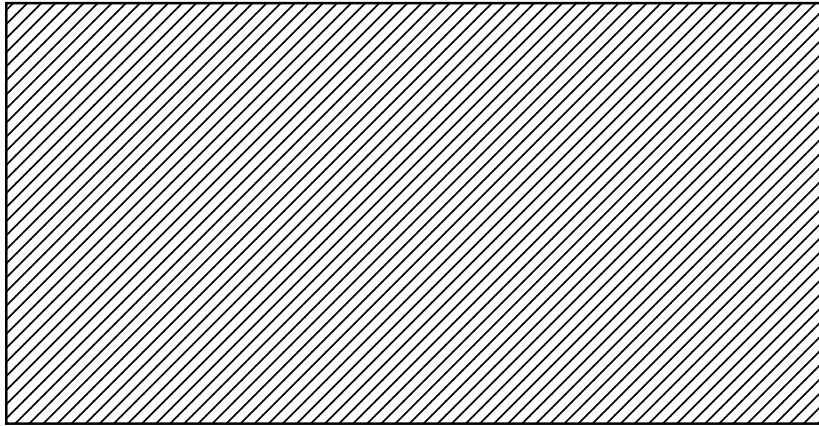
Monday	Tuesday	Wednesday	Thursday	Friday
Fresh fruit available daily		1 Little Caesars Pizza or egg salad sandwich Vegetable Fruit	2 Chicken teriyaki dippers Veggie sticks & dip Peaches Rice	3 Cooks Choice Vegetable Fruit
6 "New Item" Ravioli w/ tomato sauce Green beans Pears Breadstick	7 Egg & cheese sandwich Corn Mandarin oranges	8 Little Caesars Pizza or tuna salad sandwich Vegetable Fruit	9 Chicken O's Mixed vegetables Fruit cocktail Soft baked pretzel	10 Chicken fajita sub Veggie sticks & dip Sliced apples
13 Pasta & sauce Broccoli Pineapple Dinner roll	14 Grilled cheese w/ soup Peas & carrots Applesauce	15 Little Caesars Pizza or chicken salad sandwich Vegetable Fruit	16 Chicken or cheese quesadillas Carrots Peaches Spanish rice	17 Chicken patty on a bun- regular or spicy Veggie sticks & dip Pears
20 Beef stew Corn Mandarin oranges Breadstick	21 American chop suey Green beans Fruit cocktail Dinner roll	22 Little Caesars Pizza or egg salad sandwich Vegetable Fruit	23 Chicken nuggets Veggie sticks & dip Pineapple Sliced wheat bread	24 Cooks Choice Vegetable Fruit
27 Mid Winter Vacation	28 Mid Winter Vacation			Please be sure to include your student's first/last name and student ID # on all checks. Thank you

Milk Choice Daily: Whole, 1 %, or Low-fat Chocolate **MENU SUBJECT TO CHANGE LUNCH \$2.00 MILK \$0.50**
 Alternates: Pizza, Sub, Salad. This facility does not discriminate due to race, color, sex, age, handicap or national origin.

Hollis Brookline High School
24 Cavalier Court
Hollis, NH 03049

JANUARY 2006

BULK RATE
US POSTAGE
PAID
HOLLIS, NH
PERMIT #92



The Cavalier Chronicle, the HBHS student newspaper, is published the third Friday of every month. Be sure to ask your kids to bring their copy home to share with you. We welcome parent input for story ideas by the first of every month (perhaps your teen is doing something newsworthy outside of school but is too shy to let us know). Additionally, business owners are encouraged to advertise with us. Please e-mail your mailing address, and we'll send you a packet with pricing, sizes, and publication schedule. Contact Kelly Sewell, adviser, at sewell@sau41.k12.nh.us or call 465-2269, ext. 414, for more information.



Internet Safety and the Role of a Student Resource Officer

The Hollis and Brookline Police departments will be presenting a power point presentation for parents on Myspace.com and other internet sites. Russ Ux and the Hollis and Coop school boards will be answering questions about the School Resource Officer program. Parents of students from 4th grade and up are invited to attend.

Where: HBHS Auditorium
When: February 15, 7:00 PM
(snow date February 20).
For more information contact
Kathy delacy
(delacy5@charter.net).

