



Hollis Brookline High School

November 13, 2008
www.hbhs.k12.nh.us

Some thoughts from the Principal ...

With the arrival of November, the building is in the holiday community spirit supporting the Shepherd Fund in preparing Thanksgiving baskets and the Giving Tree, in support of local families. The first quarter has come to a close, the fall sports season has ended, and tryouts for winter teams have begun. Our fall sports awards ceremony was held in the gymnasium this year to accommodate over 300 athletes who participated on the various teams. Our varsity programs were very successful this fall with most teams advancing deep into the playoffs, with Girls' soccer and volleyball participating in the finals.

It is unfortunate that a number of our students have experienced the theft of their iPods in the past month. We have investigated these thefts with the cooperation of our SRO, Officer Dunne, and the Hollis Police Department, and have actually had some success in returning the stolen items to their owners. In light of all this, we would like to remind everyone that theft is a crime with school and legal consequences, and if students purchase one of these items for a very low cost, it could be stolen. Receiving stolen property also carries consequences. These items are not required in class and we recommend students keep expensive equipment at home. If they do bring these items to school, we recommend keeping a record of the serial numbers. As always, a safe educational environment is our goal.

We are pleased to announce that a number of our musicians have been recognized for their talent. This includes Tamara Liu, Chris Clement, Jenny Grossman, Molly Furlong, Matt Casazza, and Madeleine Whitaker, who have been selected to the All New England Band Festival, and Molly Furlong, Jenny Grossman, Max Calkin, Shae Peebles, Matt Casazza, and Laura Spence have been accepted into Jazz All State. I have been told that we have never had such a large number of our students receive this recognition.

Our Granite State Challenge team captured the state title by winning their final meet this month, defeating the team from Phillips Exeter Academy. Congratulations to Coach Cieto and team members Joe Perricone, Dylan King, Dan Michon, Pat McDaniel, Trevor Nierendorf and Caroline Quaglieri. These exciting matches will be broadcast on Channel 11 beginning in December.

Last month, our Math Team received a plaque for finishing in fifth place out of 85 schools from New Hampshire and Massachusetts at the WPI Invitational Math Meet held recently in Worcester, MA. Congratulations to Patrick McDaniel who earned a perfect score on the individual round to tie for 1st out of 340 students and earn a \$3,000 scholarship to WPI.

We will hold our annual Parent Conference Day(s) on two evenings prior to the Thanksgiving week, November 20th and 25th from 3:00 – 7:30pm. If you did not sign up for an appointment at Open House, you may still do so by contacting your child's teacher to arrange a conference time.

Our seniors are busy completing college applications as deadlines are quickly approaching. College representatives have been visiting our school weekly since September. Please remember that since the Guidance Department is coordinating the delivery of all application materials, their deadline is a few weeks earlier than the one posted by the college.

Other upcoming events at Hollis Brookline High School include:

- Fall Play - Scapino with cheese 7:00 PM Friday & Saturday, November 21st & 22nd.
- Financial Aid Night—December 4th at 6:30 PM
- Winter Music Concert – December 18th at 7:00pm
- Freshmen and Sophomore Speech Contests on the morning of December 22nd.

GO CAVALIERS!!!

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• Visit your PTSA at
• www.hbhs.k12.nh.us/ptsa, where
• you'll find the list of officers &
• committees, back issues of news-
• letters, and much more!
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A Message from your PTSA Presidents

The elections are over and we are fast approaching the holiday season. The HBHS PTSA is busier than ever. Marie and Erin, along with Tim Kelly, attended the Blue Ribbon Awards Breakfast in Manchester, NH. The NH Partners in Education "recognizes the extraordinary efforts of school volunteers for the achievements realized during the previous school year." Thank you everyone who volunteered last year and are doing so again this school year. Your efforts do not go unnoticed!

If you ordered a school directory it will be ready for delivery in the next week or two. Thank you Donna Cormier for your persistent and tireless undertaking of this project. The directories will be given to students during the lunch periods at school.

Staff Appreciation will be hosting a dinner on Nov. 20th during conferences. They are serving soups, salads, sandwiches and desserts. Contact Kristen Berry KBelleP@aol.com or Lisa Schmalz lschmalz@charter.net if you would like to help out.

Parent Ed Series will begin this year on Nov. 19th at 7pm. The subject is "Helicopter Parents" with Terri Aubin, MSW, LICSW speaking. These are free lectures and open to the public. They are held at HBHS.

The December PTSA meeting will be held in the evening at someone's home. We will be making final arraignments this week at our November meeting. Check the PTSA page on the school website or contact Erin or Marie for date and time.

Marie Degulis mariedegulis@yahoo.com 673-3855
Erin Magee mageemd@massmed.org 465-3233

HBHS Athletic Booster Club-November 2008

The leaves are falling from the trees and the temperatures are beginning to drop. Our Fall student athletes have completed another terrific season!! On Monday night, November 10th, we celebrated the accomplishments of these athletes at our annual Fall Sports Awards Night. For the first time, the awards ceremony was held in the gym to accommodate the 280 athletes and their families. We congratulate all of our Student Athletes for a job well done again this year! Thank you to all of our Fall coaches for the time and energy they give our student athletes each and every season!!! We truly appreciate all that they do!!

A huge "thank you" to the students of the National Honor Society who helped get the gym set up. Our school is fortunate to have a second shift of custodians who are more than willing to accommodate whatever the students need. Thanks to Jeff and his team for all their hard work. Many thanks to Rhon Rupp and especially Jesse Brougham for their help and support. John Filer continues to put together a quality slideshow complete with music for our students and their families to enjoy!! Thanks John, and thanks to all of the parents and students who provided John with the photos for this show. Finally, thanks to the tireless members of our Booster Club, Linda Drazin, Monica Rencken, Eileen Kelly, Sue Nierendorf, and Fall Sports Reps for making my job so easy!!

As we get ready for our Winter season, we are still looking for help. If you have a student athlete who plays a winter sport and would be willing to help us out as a Sports Rep for that team, we would truly appreciate it. The job requires a small amount of your time, but is a huge help to

those of us who need to have communication with the coaches and the teams. Please consider helping us out.

Go Cavs!!

Trish MacDonald, President
Hollis Brookline Athletic Booster Club
Trish_macdonald@charter.net

Homework Help at Your Fingertips!

Now available online from the HBHS Library webpage:

Britannica Online – Reliable resources for grades K-12 from one of the oldest and most accurate encyclopedias available.

Science on File – An online database filled with scientific articles, images, reports, etc., to help not only in Science classes but also for some topics in Social Studies, Health and English.

Biography database – Digitized print material on people from all over the world nicely supplements the library collection and is available from off campus.

E-books – If you haven't yet explored our collection of reference E-books, take a look. These are digitized editions of reference books we have in the library. We will be adding new titles soon.

All of these online resources supplement our magazine and newspaper databases. They offer accurate, reliable resources that make research quick and easy right from your home computer.

Book Brunch Bunch

The HBHS Book Brunch Bunch has an ongoing fundraising activity selling used books. We welcome donations of all kinds of books, for any grade level or interest, in good condition. Just leave them at the office marked "Library".

Thanks to all who have donated in the past.

Barb Boucher
HBHS Library



The Cavalier Chronicle, the HBHS student news-

paper, is published the third Friday of every month. Be sure to ask your kids to bring their copy home to share with you. We welcome parent input for story ideas by the first of every month (perhaps your teen is doing something newsworthy outside of school but is too shy to let us know). Additionally, business owners are encouraged to advertise with us. Please email your mailing address, and we'll send you a packet with pricing, sizes, and publication schedule. Contact Lin Illingworth at illingworthl@sau41.k12.nh.us or call 465-2269 for more information.

From the Guidance Department

Is it really possible that it is already the Thanksgiving and Christmas season? What a quick and exciting Fall it has been. With our sport teams doing so well and our students excelling in academics and receiving national awards, the time has passed quickly. However, the most overwhelming issue surrounding this time of year for the Guidance Department is the early college application deadlines. We are sure many of the seniors and their families are feeling the same stress, but this year in particular seems to be over the top! The "application deadline creep," as it is professionally referred to, is a key topic for local and national college admission counseling organizations.

There is no question this is a very stressful time for our seniors, parents, teachers and counselors who are involved in this process. The addition of earlier deadlines only adds to it. Some huge college admission deadlines have already occurred - November 1st - and we are busy meeting the second Early Action deadline of November 15th. For the November 1st deadline, the Guidance Department sent out a total of 286 packets to 109 schools. Within those packets are the school profile, two teacher and one counselor recommendations, school transcript, and first quarter grades. With the mailing of first quarter grades and packets for the November 15th deadline, we are expecting to exceed last year's totals. As you can see, this is a tremendous undertaking by all. Nothing about this process is easy, yet it can go a bit smoother if you ask for assistance from the Guidance Department and the college admission offices. Do not hesitate to call either place to ask questions, get advice, vent, or ask for help in getting your senior motivated. Ultimately it all works out, but it sure is a very interesting ride!

Please be patient with your seniors. As the holidays draw near, everyone they see will be asking about their college plans. These questions will only cause more stress and anxiety. The college application process happens and decisions are made - it is an individual family situation. What is good for one student may not necessarily be the best for another. Students need to be true to themselves and make good, solid, personal decisions about their future plans.

Keeping in mind the time of year we are heading into, it is also important to remember high school students feel the stress and strain of the holiday season as well as us adults. Not only do the holidays raise personal issues with students, but we are coming to the mid-point of the academic year. Hopefully, parents have made appointments with their son's or daughter's teachers during our parent/teacher conference dates scheduled right before Thanksgiving. If there is anything the counselors can do to support your child, please feel free to contact us. The counselors' contact information is as follows:

gangemik@sau41.k12.nh.us, 465-2269 x121
maynardk@sau41.k12.nh.us, 465-2269 x124
poznanskib@sau41.k12.nh.us, 465-2269 x125
winslowr@sau41.k12.nh.us, 465-2269 x123

In addition to reading this newsletter, please make it a habit to read the daily notices on the HBHS website (www.hbhs.k12.nh.us), and click on the Guidance link). We are continuously updating our information. Please check it out!

Senior News

Now it is getting late! First marking period has ended and we are almost halfway through the second quarter, so now is the time to get going on the college stuff! If you are unsure of what you want to do next year, please see your counselor or Mrs. Demarest, our School-to-Career counselor, to discuss future plans.

Seniors planning to go on to four-year colleges will be in a much better position if they get their applications in the mail or sent electronically by December 15th. Be sure to check the colleges' websites or written information for critical deadlines. Students considering Early Decision or Early Action should be filling out their applications now; if you have any questions regarding these early admission programs, please call or e-mail your student's counselor. Keep in mind, in order for the supporting documentation to be sent the student must submit the pink Supporting Documentation Request Form to the counselor three weeks prior to the application deadline. NOTE: The UNH application deadline date is February 1st. Plymouth and Keene are telling us that although their deadlines are in March, it is more than likely they will stop taking applications after February 1st.

Counselors have been proactively sending passes to seniors to meet with them about their post-secondary school plans. Many students have been finding this helpful, but some students are not showing up for their appointments. Please encourage your senior student to honor this appointment.

Receipts for Information Sent

When information has been sent to a college, each student will receive a receipt stating what was sent to a college and the date it was mailed. Students should stop by the Guidance Office to pick up their receipts so that they know exactly what was sent to colleges and when. Please keep these for your records. Receipts can be picked up in the Guidance Office, but will only be given to the student if they have paid the \$3.00 per school postage fee. Report cards will be held if these fees are not paid.

Admissions Decisions

The really fun part of this process is hearing what colleges our students get accepted to. Please inform your counselor what your college decisions are. We are very excited to know, and it helps us counsel future applicants. We also want to hear if the news is not good so that we can help strategize on what to do next. As you know, there are four decisions that can be made: accept, defer, wait-list and deny. The answer most students want to hear at this time of year is, of course, an acceptance to the college; but colleges often defer when evaluating early applications. Being deferred at this point in time is not a bad thing. It is not a denial either, and it gives the student the opportunity to send additional information such as midterm grades and additional testing. Please do not get upset over a deferment at this stage in the process as it can ultimately lead to an acceptance. Please talk with your counselor if you have any questions.

Mid-Term Reports

Mid-term reports will be sent out to all schools the student has applied to after the semester ends in January. There is no need for students to request this mailing be sent as we will automatically send the mid-term reports to all the schools the student has applied to unless otherwise notified.

Financial Aid Information

Please mark your calendars - Financial Aid Night will be held on December 4th at 6:30pm. It is very important for parents to attend this meeting as it will break down the process and give good information regarding financial aid policies and criteria. If you have concerns regarding Financial Aid at this time, an appointment with college financial aid offices when visiting a college is a good way to learn about that particular college's financial aid opportunities. Another great source of information is the NH Higher Education Assistance Foundation (NHHEAF) in Concord. NHHEAF can be reached by e-mail at www.nhheaf.org or by calling 1-800-525-2577. Financial Aid materials are available in both Guidance and the library at HBHS. Please check the Guidance website for more scholarship and Financial Aid information as it is updated weekly.



Note: The FAFSA form cannot be submitted before January 1, 2008, but should be submitted as close to that date as possible. All colleges require the FAFSA form from families that are considering any type of financial aid, including work study. The paper form of the FAFSA will be available at our Financial Aid night and in the Guidance Office after Thanksgiving. Families are encouraged to fill out the FAFSA online, which can be accessed through www.FAFSA.gov.org. Some private colleges will require the CSS PROFILE. The PROFILE is only for private colleges, and only certain schools use this form. It can only be submitted electronically and can be accessed through the College Board website at www.collegeboard.com. The PROFILE can be submitted at any time. Colleges have very strict deadlines for Financial Aid applications, so it is important to adhere to the deadlines.

Scholarships

Please be sure to check our website and read the daily notices (www.hbhs.k12.nh.us) for all new information. We try to update both these sources of information on a weekly and sometimes daily basis.



Graduation Check

Every senior and parents received a letter in early September regarding graduation requirements. Another letter will be going home after the semester ends and report cards are distributed. It is vitally important that any senior who is missing a required course or has been unsuccessful in a required course meets with their counselor immediately to determine a course of action. The school policy is that every student carries 6.0 credits to be considered a full-time student. If a student has less than 6.0 credits, they need to add a course to their schedule for second semester. Students needing to add courses must come to Guidance immediately.

NCAA

Don't forget!!! Senior athletes interested in participating on athletic teams in college must register with the NCAA. This may be done online at www.ncaaclearinghouse.net. If these forms are not submitted to NCAA, it will delay the athlete's ability to compete at the collegiate level, so it is important to get these to Guidance as soon as possible.

Junior News

College Information Night for Juniors and their parents will be held in early February prior to the February break. Please check the website for announcements and the date and time. Students are encouraged to attend this event with their parents. Juniors are also encouraged to come to meet with the colleges that are visiting HBHS. Juniors also can take the opportunity to meet with Mrs. Demarest to discuss possible internship possibilities and post-secondary career options and college majors.

PSAT

We are very excited to have offered all our Junior students the opportunity to take the PSAT on October 17th. Results of the PSAT usual come out in early January. Counselors will meet with students individually in early January to go over results and how to use the test as a stepping stone to the SAT.

Services for Students with Disabilities

A student with a documented disability may be eligible to take SAT or ACT tests with testing accommodations that support their disability. The student's case manager should be contacted for details as soon as possible.

SAT Testing and Registration Dates

Juniors interested in taking the SAT Critical Reasoning Test and the Subject Tests are encouraged to get on the College Board Website (www.collegeboard.com) to register for the SAT tests. Keep in mind that spring sports often conflict with test dates, so plan ahead.

Selective Service Registration

The Selective Service System is an independent agency within the Executive Branch of the Federal government. The mission of the Selective Service System is to provide the number of men needed by the Armed Forces, within the time required, should Congress and the President decide to return to a draft, in the event of a national emergency. Registration is the process of providing the Selective Service with a name, address, phone number, and other related information about one's self. It is a civic and legal responsibility for every young man to register with the Selective Service within the time period starting 30 days before, and ending 30 days after, their 18th birthday. Register online at www.sss.gov, or pick up a registration card at any post office. If you have any questions, please see Mr. Winslow in Guidance.



Please be sure to check our website and read the daily notices for all new information!

www.hbhs.k12.nh.us/guidance/guidancehome.htm

Career Clusters Prepare All Students for College and Careers

Technological advances and global competition have transformed the nature of work. Tomorrow's jobs will require more education, better skills and more flexible workers than ever before. To prepare today's students for tomorrow, schools are working to help students achieve in challenging subjects. One key approach to this goal is to provide students with relevant contexts for learning. We are currently exploring new ways to better prepare our students for future careers.

Career clusters identify pathways from high school to two- and four-year colleges and the workplace, so students can learn in school what they can do in the future. This connection to future goals motivates students to work harder and enroll in more relevant courses. Each issue of this newsletter will feature a Career Cluster with information to help students look at choices to provide a focus on a career interest or possible career path.

Career Cluster of the Month:



***Are you good at making designs or models?
Can you visualize projects in your mind?
Do you enjoy beautiful and historic buildings?
Are you good with your hands?***

If you answered yes to two or more of the questions above, you would enjoy exploring the architecture and construction career cluster. This cluster includes jobs such as: architect, electrician, brick mason, surveyor, landscape architect, urban planner and drafter. This is just a sample of careers in this cluster. Jobs in the architecture and construction career cluster involve designing, planning, managing, building, and maintaining the constructed environment.

Industry Snapshots:

The construction and architecture industry is predicted to add approximately 1 million new jobs between 2006 and 2016, an increase of 15% (U.S. Bureau of Labor Statistics).

With total employment expected to reach 7.8 million by 2012, the construction industry is predicted to be among the economy's top largest sources of job growth.

Projected employment between 2002-2012 is substantial for a wide range of construction-related occupations such as: Electricians with 154,000 new jobs, Carpenters with 122,000 new jobs and Construction Managers with 47,000 new jobs.

Employment of architects is expected to grow by 18 percent between 2006 and 2016, which is faster than the average for all occupations. Employment of architects is strongly tied to the activity of the construction industry.

To further enhance a student's knowledge in particular career clusters, work-based learning opportunities are available for all students at Hollis Brookline High School. Students have the opportunity to participate in informational interviews, career symposiums, job shadowing and career-focused internships. For more information, please contact Sandy Demarest, demarests@sau41.k12.nh.us or 465-2269 ext. 129.

Workshop: Helicopter Parents

Do you hover over your children? You're just trying to do what you think is best, maybe even rescue them from consequences. What happens when they leave the nest and you're no longer there? Developmentally, what problems does this create? Learn the answers to these questions and more by attending this informative and enlightening workshop.

Terri Aubin, MSW, LICSW, will help answer some of your questions regarding this issue. Hollis Brookline PTSA-S Team will sponsor this workshop, free and open to anyone in the community, on Wednesday, November 19th, beginning at 7 p.m. at the Hollis Brookline High School.

For more information, you may contact Pat Marquette at 673-1957.



Hollis Brookline Middle and High School

December Lunch Menu



Monday 12/1/08	Tuesday 12/2/08	Wednesday 12/3/08	Thursday 12/4/08	Friday 12/5/08
Golden Chicken Tenders Buttered Noodles Corn Assorted Fruit	Cheeseburger or Veggie Burger Baked Oven Potatoes Assorted Fruit	Chrysanthi's Pizza Pasta Salad Pretzels Assorted Fruit	Crispy Chicken Wrap Corn Pretzels Assorted Fruit	Soft Shell Taco Beef, Cheese, Lettuce & Tomato Spanish Rice Assorted Fruit
Monday 12/8/08	Tuesday 12/9/08	Wednesday 12/10/08	Thursday 12/11/08	Friday 12/12/08
Grilled Cheese Tomato Soup w/ Crackers Pickle Spear Assorted Fruit	Meatball Subs Spicy Fries Carrots & Dip Assorted Fruit	Chrysanthi's Pizza Tossed Salad Teddy Grahams Assorted Fruit	Chicken Fajita Subs Peppers & Onions Pretzel Baggie Assorted Fruit	Macaroni & Cheese Dinner Roll Green Beans Assorted Fruit
Monday 12/15/08	Tuesday 12/16/08	Wednesday 12/17/08	Thursday 12/18/08	Friday 12/19/08
Ultimate Nachos Beef, Cheese, Lettuce & Tomatoes Refried Beans Assorted Fruit	Pasta with Meat Sauce Garlic Breadstick Green Beans Assorted Fruit	Chrysanthi's Pizza Capri Veggies Chips Assorted Fruit	Quesadillas~ Chicken or Cheese Seasoned Rice Baby Carrots & Dip Assorted Fruit	Cook's Choice Vegetables Assorted Fruit
Monday 12/22/08	Tuesday 12/23/08	Wednesday 12/24/08	Thursday 12/25/08	Friday 12/26/08
Roast Beef & Cheddar Sandwich Tater Tots Assorted Fruit	Ham & Cheese Croissant Onion Rings Tossed Salad Assorted Fruit	No School Holiday Vacation	No School Holiday Vacation	No School Holiday Vacation
Monday 12/29/08	Tuesday 12/30/08	Wednesday 12/31/08		
 Enjoy Your Holiday Vacation!!			Please be sure to include your student's first/last name and student ID # on all checks. Thank you!	<u>MENUS ARE SUBJECT TO CHANGE!</u> Complete Student Lunch \$2.25

Complete Lunch is \$2.25, and includes milk.

A variety of snacks and beverage are available for sale daily!

Pizza is available daily!

Daily assortment of sandwiches on rolls, croissants, bagels, wraps...

Freshly made assortment of salads...

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