



# Hollis Brookline High School

November 22, 2010  
[www.hbhs.k12.nh.us](http://www.hbhs.k12.nh.us)

## *Some thoughts from the Principal ...*

It is hard to believe that the holiday season is almost upon us. We are grateful that the weather has been cooperating so far. It has been a very busy fall with many exciting things occurring at HBHS.

Travis Roy spoke to freshmen and sophomores on November 17, 2010. He is the hockey player for Boston University who was on the ice for only eleven seconds when he crashed into the boards and was left paralyzed from the neck down. He is now a motivational speaker who travels the country. His message was of choices and goal setting. Pre-discussions were held in classrooms prior to the assembly to provide a better base and stronger connection to the speaker. The prompt for the Speech contest which involves both classes is tied to this presentation. The annual freshmen and sophomore speech contest will be held on December 20 with a snow date of December 21<sup>st</sup>. More details regarding the speech contest will be posted on the English Department website soon – check there for more details.

We held our annual Academic Assembly earlier than normal this year in order to also celebrate our recognition as a national Blue Ribbon school. We had the N.H. Commissioner of Education, Dr. Virginia Barry, as well as two representatives from the U. S. Department of Education. We recognized well over sixty individual students for academic accomplishments including Perfect Scores on SAT, ACT and AP Exams as well as students who have been invited to participate in the All New England Band Festival and the Jazz All State Festival. Once again, for the 10<sup>th</sup> consecutive year, the Varsity Volleyball team was recognized by the New Hampshire Coaches Association for maintaining a 3.0 or above average for the entire academic year.

Tim Kelley and I recently traveled to Washington, D.C. to participate in the Blue Ribbon Award Ceremony. During the ceremony we were presented with a national Blue Ribbon flag to wave proudly outside of the building, as well as a commemorative plaque to be on display inside the school. It was a wonderful event to celebrate the success of all Blue Ribbon Schools nationally. There were 312 schools honored, both public and private, and only 41 of those are high schools. This prestigious award is the culmination of support and dedication to education by the communities of Hollis and Brookline. Students arrive at high school well prepared by the elementary and middle schools to take on the rigorous curriculum of the high school.

Thanks to Bob Ouellette for organizing such a wonderful Veteran's Day Assembly. As always, the school band sounded fabulous and the speeches were especially moving and inspirational. What a lovely tradition and tribute to our veterans! We had over 15 local veterans along with our own staff members who served in the armed forces attending this assembly. The keynote speaker was Staff Sergeant First Class Kevin Reynolds, an Army recruiter in the Nashua office and a 15-year veteran, with tours in Iraq and Afghanistan. The school choir sang the National Anthem, Kat Bolling sang a beautiful solo, and the concert band played military music.

The fall sports season wrapped up with their Awards Ceremony on Wednesday, November 10<sup>th</sup>. This fall we had approximately 285 students participating on fall sports teams, which is nearly one-third of our student body. For the first time in school history, **ALL** of our Fall sports teams qualified for the post-season playoffs (Field Hockey, Boys and Girls Soccer, Volleyball, Golf and Football). I've detailed the Team and Individual highlights on the next page of this newsletter.

Congratulations to John Boucher and Linda Saari for another very successful Trebuchet Day. Everyone looks forward to this day and it did not disappoint anyone. The students just get more creative as the years go on – there were some very interesting contraptions! The costumes for Trebuchet Day and Halloween were creative and everyone seemed to enjoy the day, which ended with the annual Halloween assembly. Over one hundred students came back in the evening and enjoyed the dance!

Parent-Teacher Conferences were scheduled for Thursday, November 18<sup>th</sup> and Tuesday, November 23<sup>rd</sup>. If you were unable to see your child's teachers on either of these two dates, please do not hesitate to call or email them. They will be happy to get back to you.

A great big "thank you" goes out to everyone who contributed to the PTSA-sponsored dinner for staff on Thursday night. As always, the food was wonderful. Staff truly appreciates this and everything else that the PTSA does for our school.

I wish you and your families all a very happy Thanksgiving vacation.

Cindy Matte



## Fall Sports

### Team Highlights:

The **Volleyball team** competed in Division I this season and finished 13-5 and earned the #6 seed. They won their first post-season game and then lost to Salem in the quarter-finals.

The **Girls Soccer** team also competed in Division I this season and finished 14-1-1 and earned the #2 seed. The girls made the Final Four where they lost in a close one to Londonderry.

The **Golf Team** placed 5th in the State Tournament.

The **Girls Cross-Country team** placed 6th in the Division II State meet and 11th in the Meet of Champions. The Girls also won the highly competitive large school division at the Manchester Invitational.

The **Football team** defeated Goffstown in the last game of the season to qualify for the Division III State Playoffs. This is the first time the team has ever qualified for the state tournament. They finished the regular season at 5 - 3. The football team fought hard but in the end were defeated in Division III by Souhegan in a great game on Saturday, November 13 by a score of 39 - 24.

**Cross-Country:** Meghan Philpot finished 55th out of 255 at the New England's on Saturday and was the 6th Division II finisher.

The **Spirit Squad** placed 10th in the Division II State Tournament.

Winter sports tryouts are now underway for some sports and will continue thru the Thanksgiving Day weekend. The next scheduled games are not until early December.

### Individual Highlights:

Many of the individual sports have still not determined their All-State teams. Here are the ones we know about:

**Golf:** Griffin Brown was First Team All State, Division II  
Naomi Jefferson was Honorable Mention All State.

**Field Hockey:** Caitlin Sweeney - First Team All State,  
Division II  
Leda Kennedy - Second Team All State  
Felicia Mosca - Second Team All State

**Cross Country:** Meghan Philpot - All Star Division II  
(One of only ten girl's in Division II to receive this honor.)

**Volleyball:** First Team Hanna Mazzola,  
Division I Senior All Stars Hanna Mazzola  
and Julia Stopera

**Girls Soccer:** First Team McHale Perkins, Amanda  
Gerlitz, Alyssa Cappetta  
All New England Amanda Gerlitz

**Boys Soccer:** Second Team Gaetan Ciot  
Honorable Mention Cody Modelski

**Golf:** First Team Griffin Brown  
Honorable Mention Naomi Jefferson

**Field Hockey** First Team Caitlin Sweeney  
Second Team Felicia Mosca and  
Leda Kennedy

## HBHS Athletic Booster Club

Our fall student athletes have completed another terrific season!! On Wednesday night, November 10, we celebrated the accomplishments of all these athletes at our annual Fall Sports Awards Night.

Congratulations to all the HBHS 2010 Fall Season Athletes. What an AWESOME group of boys and girls! You should be proud of all of your accomplishments. It takes a



special person to endure the hard work and efforts each and every one of you have shown to your sport this season. That dedication contributed to the first time in the history of HBHS all sports teams qualified for post-season tournaments! **You are all WINNERS!**

Thank you to all of our fall coaches for the time and energy they give our student athletes. We truly appreciate all that they do!!

A huge thank you to all that helped with the gym set-up/tear-down. Our school is fortunate to have a second shift of custodians who are more than willing to help, thanks to Jeff and his team for all their hard work.

Thank you also goes out to Rhon Rupp and Jessie Hilton for their help and support, to Josh Powers for the awesome pictures he took of the Award Winners (watch for those in the Hollis Brookline Journal) and finally to John Filer for the terrific slide show.

As we get ready for our winter season, we are still looking for help. If you have a student athlete who plays a winter sport and would be willing to help us out as a Sports Liaison for that team, we would truly appreciate the help. The job requires a small amount of your time, but is a huge help to the Booster Club.

**The next HBABC meeting is scheduled for December 8th @ 7:00 PM in the HBHS office conference room.** Come and join us as we prepare for the winter season.

Go Cavs!!

### HBABC Officers:

Cindy VanCoughnett, President [cwvanc@gmail.com](mailto:cwvanc@gmail.com)  
Debbie Tighe, Vice President [tighe92@charter.net](mailto:tighe92@charter.net)  
Monica Rencken, Secretary [renckens@charter.net](mailto:renckens@charter.net)  
Regina Kozsan, Treasurer [rkozsan@investorscapital.com](mailto:rkozsan@investorscapital.com)

## A Note from your PTSA

We honored our professional staff members on November 18, 2010 with a delicious dinner of soups, salads, sandwiches and desserts while they stayed late for the first round of parent teacher conferences! Thank you to all who donated and made their day a little bit more special!

The student directories will be available on November 22, 2010. Senior Kristina Buckley won the cover contest for the directory. Congratulations Kristina! Junior Brad Holroyd won the gift basket for signing up to be a PTSA member. Congratulations Brad! You can continue to sign up for a PTSA membership at any time.

Finally, keep a look out for an S-Team survey that will be sent to you via email. The S-Team is the organization that asks for donations from the community to support a safe and drug-free graduation night. In the past we have had a Boston Harbor Cruise. We would like to get your opinion on whether or not to continue this tradition or move in another direction. We really need your input so we can do what's best for our Seniors!

**Our next meeting will be on Thursday, December 9, 2010 at 7pm.** The place TBA!

Wishing you all a very Happy Thanksgiving!

### Co-Presidents:

Jill Russell [russell33@charter.net](mailto:russell33@charter.net) 620-2825  
Kristen Berry [kbellep@aol.com](mailto:kbellep@aol.com) 620-7447

Visit your PTSA at [www.hbhspts.org](http://www.hbhspts.org), where you'll find the list of officers & committees, back issues of newsletters, and much more!

## Hollis Women's Club News

The Hollis Woman's Club announces several exciting events they are organizing and inviting the public to attend! The next event on their schedule is attending 'Nuncrackers' - the Nunsense Christmas Musical, at the Majestic Theater in Manchester, on **Saturday, Dec 4th** at 7:30pm. Discount tickets are available through the club at \$16, and \$13 for seniors for either show. To join in the fun, contact Lori Dwyer at 465-3190 or email at [gizzmo2746@charter.net](mailto:gizzmo2746@charter.net).

The Hollis Woman's Club will hold their annual Holiday Craft & Boutique Social on **Wednesday, Dec 8th from 9-12** at the Lawrence Barn on Depot Road in Hollis. Stop by for a cup of coffee and enjoy crafts and services ranging from homemade baklava to real estate expertise to free chair massages. Browse the various crafts tables that our members will have on display and maybe pick up a gift or two for the holidays. It's a fun and festive event open to all!

Start the New Year off right by learning about smart financial planning! The Hollis Woman's Club is proud to sponsor a series of lectures on Wills, Trusts, and other Probate topics, presented by Maura Loftus, Esq.\* of Loftus Law Offices. These lectures will run every Tuesday in January from 9:30-11am at the Hollis Social Library Community Room.

**Jan. 4 - WILLS:** Choosing Your Executor, Trustee & Guardian, Making Specific Bequests, Disinheritance and No-Contest Clauses, Pour-Over Wills, Codicils, Revoking Your Will, and Out-Of-State Wills

**Jan. 11 - TRUSTS:** Avoid Cost & Delay of Probate, Minimize Estate Taxes, Plan For Incapacity, A/B Marital Trusts, Living Trusts, Testamentary Trusts, and Special Needs Trusts.

**Jan. 18 - PROBATE OF ESTATES:** Serving As Executor - Which documents to File and When, Inventorying the Estate, Managing the Estate's Assets, Paying Debts, Filing Tax Returns, Closing the Estate

**Jan. 25 - ELDER LAW:** Guardianships, Caregiver Contracts, Medicaid Planning/Gifting, Advance Directives and Durable General Powers of Attorney

These lectures are free to the public; however, there will be the opportunity to make a voluntary donation to the Hollis Woman's Club High School Scholarship Fund if desired.

\*Maura Loftus, Esq. is licensed to practice law in NH clients and specializes exclusively in the areas of wills, trusts, estate planning, elder law and probate. Attorney Loftus has been a member in good standing of the NH Bar Association since 1994. She has also practiced in the Atlanta area, as a member in good standing of the GA Bar Association since 1999.

The Hollis Woman's Club is a social and philanthropic organization open to all area women. For more information please visit [www.holliswomensclub.org](http://www.holliswomensclub.org) or call President **K r i s s y W u e r d e m a n** at 465-2375.

## Parenting Corner

**Safe Homes** website is now up and running - visit <http://beyondinfluence.org/safe-homes/> for more info on how you can participate in the program and open lines of communication with your kids about your expectations surrounding drugs and alcohol.

### Help Prevent Pollution, Poisonings and Drug Abuse! Dispose of your Unneeded Medication - 6 Steps to Safety

- 1) Pour medicine into a sealable plastic bag.
- 2) If the medicine is a solid, add a small amount of water to dissolve it.
- 3) Add coffee grounds, kitty litter or something similar to

- the liquid medicine in the plastic bag.
- 4) Seal the bag and immediately dispose of it in the trash.
- 5) Use a marker to black out any personal contact information on the empty medicine container prior to disposing of it in the trash.
- 6) For more information, consult [www.nh.gov/medsafety](http://www.nh.gov/medsafety). Disposal information for household-generated sharps may also be found on this website.

Stay tuned for upcoming parenting sessions on topics including Bullying and Drug & Alcohol Education in January and February.

If you have specific topics that you would like to see discussed, please contact Monica Gallant with your suggestions at [mgallant4@aol.com](mailto:mgallant4@aol.com).

## IMPORTANT DATES AT HBHS

<b>Nov. 24-26</b>	<b>THANKSGIVING RECESS</b>
<b>Dec. 1</b>	<b>College Fair @ Nashua H.S.</b>
<b>Dec. 4</b>	<b>"Nuncrackers" play—Woman's Club</b>
<b>Dec. 8</b>	<b>EARLY RELEASE</b>
<b>Dec. 8</b>	<b>Holiday Crafts Fest, 9a-12p Lawrence Barn — Woman's Club</b>
<b>Dec. 9</b>	<b>Financial Aid Nite 6:30pm Auditorium</b>
<b>Dec. 20</b>	<b>Freshman/Sophomore Speech Contest (snowdate Dec. 21)</b>
<b>Dec. 23</b>	<b>Registration deadline for 1/22 SAT</b>
<b>Dec. 24-31</b>	<b>HOLIDAY RECESS</b>
<b>Jan. 4</b>	<b>HWC "Wills" seminar, 9:30-11am Hollis Social Library</b>
<b>Jan. 7</b>	<b>Registration deadline for 2/12 ACT</b>
<b>Jan. 11</b>	<b>HWC "Trusts" seminar, 9:30-11am Hollis Social Library</b>
<b>Jan. 14</b>	<b>EARLY RELEASE</b>
<b>Jan. 18</b>	<b>HWC "Probate of Estates" seminar 9:30-11am, Hollis Social Library</b>
<b>Jan. 25</b>	<b>HWC "Elder Law" seminar, 9:30-11am Hollis Social Library</b>
<b>Feb. 9</b>	<b>College Info Night, Juniors &amp; Parents</b>
<b>Feb. 11</b>	<b>Registration deadline for 3/12 SAT</b>
<b>Feb. 28— Mar. 4</b>	<b>WINTER RECESS</b>
<b>Mar. 4</b>	<b>Registration deadline for 4/9 ACT</b>
<b>Mar. 8</b>	<b>EARLY RELEASE</b>
<b>Mar. 9</b>	<b>Student Athlete Night, 6:00pm Plymouth Regional H.S.</b>
<b>Mar. 29</b>	<b>Student Athlete Night, 6:00pm Keene H.S.</b>
<b>April 4</b>	<b>Student Athlete Night, 6:30pm Pinkerton Academy</b>
<b>May 26</b>	<b>Student Athlete Night, 6:30pm Merrimack Valley H.S.</b>

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## From Your Guidance Department

This fall, HBHS has witnessed great athletic events, community service projects, trebuchet, Halloween, and the academic pep rally. It is wonderful to see students engaged and forming a community filled with spirit and laughter. In Guidance, counselors continue to write letters of recommendation and assist Senior students with the college application process. It appears that the addition of Naviance, which felt cumbersome initially, now expedites and simplifies the college process. Throughout the school year counselors will be familiarizing all students with the different components available in Naviance. Future classes will find Naviance to be a recognizable program to assist both students and parents as they arrive at the college application process. We thank our current seniors for their patience and understanding as they have been very gracious and kind learners.

### Senior News

**College admission deadlines** have already arrived! The first huge deadline was November 1<sup>st</sup> and was quickly followed by November 15<sup>th</sup>. Although there are exceptions to every rule, seniors planning to go on to four-year colleges will be in a much better position if they get their applications in the mail or sent electronically by December 15th. Keep in mind, in order for the supporting documentation to be sent, students must list their colleges in Naviance and submit the *Supporting Documentation Request Form* to their counselor three weeks prior to the application deadline. **NOTE:** The UNH regular decision application deadline date is February 1<sup>st</sup>. The deadline for Plymouth and Keene is April 1<sup>st</sup>, but they report they will likely stop taking applications around February 1, 2011, so leaving applications to the last minute is not advised.

**Application packages** from the Guidance office contain the school profile, teacher(s) and counselor recommendations, school report forms, and transcript. SAT scores and ACT scores must be sent from the **ETS** (Educational Testing Service). Students can access their scores from the following websites and have them sent to their selected colleges: [www.collegeboard.com](http://www.collegeboard.com) for SAT and [www.act.org](http://www.act.org) for ACT.

**Report Cards** Although we continue to print report cards, our Power School statistics indicate that 94.3% of student records have been accessed by parents and/or students during the first quarter, with a total login count of 33,699.

**First quarter grades** were closed for all students on November 5<sup>th</sup> and report cards were issued on November 12<sup>th</sup>. Seniors who have applied to colleges prior to November 15<sup>th</sup> will have their 1<sup>st</sup> quarter grades sent to the colleges for which they have made submission. Colleges often wait for these grades before making a commitment to accept Early Action or Early Decision students. College admission representatives continue to emphasize the importance of a student's academic trend. Please assist us in reminding seniors that colleges will review their entire academic year (first quarter, mid-year and end-of-year grades) in the admission process.

It is also important to note that HBHS has policies around **attendance**. Students who have more than 8 absences in a quarter will receive a grade of NG. This is certainly not helpful information for colleges determining whether or not the student can handle the particular rigor of their institution. We encourage students to pay close attention to this policy.

**Admissions Decision** - We, too, get very excited about the decision letters you receive. Please keep us notified and come to Guidance and share your news. This information helps us counsel future applicants. We have just activated **Scattergrams in Naviance**. This is found in Family Connections - Colleges - Scattergrams. Scattergrams allows students to see the selection criteria for a college based on a student's GPA and standardized test scores. As we are first-year users of Naviance, our historical pool of information is low and hence it will not flood many schools, but as we continue to utilize this program this feature will improve. Currently, for more populated schools, a student can select a college and graph their individual GPA and SAT scores to demonstrate how the particular student's statistics match the general acceptance at the selected colleges. Please check out this Naviance feature!

As you know, colleges grant four decisions: **accept, defer, waitlist, and deny**. The answer most students want to hear at this time of year is, of course, an acceptance to the college, but colleges often defer when evaluating early applications. Being deferred at this point in time is not a bad thing. It is not a denial and it gives the student the opportunity to send additional information such as mid-term grades and additional testing scores. Please do not get upset over a deferral at this stage in the process as it can ultimately lead to an acceptance. Please talk with your counselor if you have any questions.

**Financial Aid Information** - Please mark your calendars - Financial Aid Night will be held on December 9<sup>th</sup> at 6:30pm in the High School auditorium. It is very important for parents to attend this meeting as it will break down the financial aid process and provide helpful information regarding financial aid policies and criteria. If you have concerns regarding financial aid at a particular school, make an appointment with the financial aid office when visiting a college. Another great source of information is the NH Higher Education Assistance Foundation (NHHEAF) in Concord. NHHEAF can be reached at [www.nhheaf.org](http://www.nhheaf.org) or calling 800-525-2577. Financial Aid materials are available in Guidance and in the library at HBHS. Please check the Guidance website for more scholarship and Financial Aid information as it is updated weekly. **Note: The FAFSA form cannot be submitted before January 1, 2011 but should be submitted as close to that date as possible.** All colleges require the FAFSA from families that are considering any type of financial aid, including work study. Families are encouraged to fill out the FAFSA online which is at [www.FAFSA.gov.org](http://www.FAFSA.gov.org). Some private colleges require the CSS PROFILE. The PROFILE is only for private colleges and only certain schools use this form. It must be submitted electronically and can be accessed through the College Board website at [www.collegeboard.com](http://www.collegeboard.com). The PROFILE can be submitted at any time. Colleges have very strict deadlines for Financial Aid applications so it is important to adhere to the deadlines.

**Scholarships** - Are now located in Naviance. Go to Family Connections - Colleges - List Scholarships, and pertinent information will be available. We try to update scholarships on a weekly basis; there are scholarships available at this time, but it is in the upcoming months that the scholarship process will peak. Please familiarize yourself with this feature and check it regularly.

## Senior News—Cont'd

**NCAA**—Don't forget!!! Senior athletes interested in participating on athletic teams in college must register with the NCAA. This may be done online at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net). If these forms are not submitted to NCAA it will delay an athlete's ability to compete at the collegiate level.

Also, NHHEAF will host several **Student Athlete Nights**. The goal of the student athlete panel is to share expert guidance and information about topics related to the college process for athletes, including: NCAA regulations, information about the recruitment process, tips on time management and approaches to self-marketing. The following regional presentations will be held:

- Plymouth Regional High School (Plymouth)  
Wednesday, March 9 6:00pm
- Keene High School, (Keene)  
Tuesday, March 29 6:00 pm
- Pinkerton Academy (Derry)  
Monday, April 4 6:30 pm
- Merrimack Valley High School (Penacook)  
Thursday, May 26, 6:30 pm

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**Selective Service Registration**—The Selective Service System is an independent agency within the Executive Branch of the Federal Government. The mission of the Selective Service System is to provide the number of men needed by the Armed Forces, should Congress and the President decide to return to a draft, in the event of a national emergency. Registration is the process of providing the Selective Service with a name, address, phone number, and other related information. It is a civic and legal responsibility for every young man to register with the Selective Service within the time period starting 30 days before, and ending 30 days after, his 18th birthday. Register on-line at [www.sss.gov](http://www.sss.gov) or pick up a registration card at any post office. If you have any questions, please see your counselor in the Guidance Office.

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## Junior News

College Information Night for Juniors and their parents will be held Wednesday, February 9<sup>th</sup>. This will give students and families lots of time to start researching colleges and planning visits to various college campuses. Students are encouraged to attend this event with their parents so they can learn about many components of the application process. Juniors are also encouraged to continue meeting with the college admission representatives that are visiting HBHS. Juniors also can take the opportunity to meet with HBHS School-to-Career Counselor, Julie Sullivan, to discuss job shadow and internship opportunities for their senior year.

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## HBHS visits by College Admission Representatives

Assumption College	NH Institute of Art
Babson College	NHTI—Concord's Community College
Bay State College	Nichols College
Becker College	Northeastern University
Bentley University	Plymouth State University
Bishop's University	Providence College
Boston College	Quinnipiac University
Boston University	Regis College
Bryant University	Rensselaer Polytechnic Institute
Case Western Reserve University	Rivier College
Castleton State College	St. Anselm College
Champlain College	St. Joseph's College—Maine
Chester College of NE	St. Michael's College
Clark University	St. Thomas Univ., Canada

Colby-Sawyer College	School of the Museum of Fine Arts
College of Holy Cross	Southern NH University
Drew University	Southern Vermont College
Duke University	Springfield College
Eastern University	St. Mary's College of Maryland
Endicott College	State University of NY-Albany
Emanuel College	Stonehill College
Fairfield University	Suffolk University
Franklin Pierce Univ.	The Airline Academy, Inc.
Gordon College	The College of St. Rose
Green Mountain Coll.	The University of Alabama
Hofstra University	The University of Tampa
Husson College	Tufts University
Iona College	Tulane University
Johnson & Wales U.	University of Connecticut
Johnston State Coll.	University of Maine-Farmington
Keene State University	University of Mass.—Amherst
Lakes Region Comm. College, Laconia	University of Mass.—Lowell
Leslie University	University of New England
Lyndon State College	University of New Hampshire
Maine College of Art	University of Rhode Island
Maine Maritime Acad.	University of Southern Maine
Marist College	Vanderbilt University
Mass. Coll. Of Pharm. & Health Sciences	Virginia Polytechnic Institute and State University
Mass. Institute of Technology	Wellesley College
McGill University	Wentworth Inst. Of Technology
Mitchell College	Western New England College
Montana State University, Bozman	Wheaton College
Moravian College	Worcester Polytechnic Institute
Mount Holyoke College	Wyotech Institute
Mount Ida College	
Nashua Community College	

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**PSAT**— We are very excited to have offered all of our Junior students the opportunity to take the PSAT on October 13th. Results of the PSAT will be shared individually with students when we return from vacation in early January. Counselors will discuss how students can use these results as a stepping stone to the SAT/ACT and the college search process.

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**Services for Students with Disabilities** — A student with a documented disability may be eligible to take SAT or ACT tests with testing accommodations that support their disability. A student's case manager should be contacted for details as soon as possible.

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**SAT Testing and Registration Dates** — Many students sign up to take the SAT tests in the spring semester of their Junior year. Juniors interested in taking the SAT Critical Reasoning Test and the Subject Tests are encouraged to get on the College Board Website ([www.collegboard.com](http://www.collegboard.com)) to register for the SAT tests. Keep in mind that spring sports often conflict with test dates so plan ahead. Some students will also want to take the subject tests, so please plan out the timing of these tests to alleviate unnecessary stress. It is helpful to know that schools such as Boston University require both the SAT and SAT Subject Tests. Subject tests are only one hour in length and students may take three in one setting.

Exam dates for the spring are as follows:

<b>Test Date</b>	<b>Registration Deadline</b>
January 22, 2011	December 23, 2010
March 12, 2011	February 11, 2011
May 7, 2011	April 8, 2011
June 4, 2011	May 6, 2011

**ACT Information**— In recent years the ACT has become increasingly popular with New England students. It differs in many respects from the SAT, but primarily it offers a Science component. In addition, some colleges will accept the ACT in lieu of SAT subject tests, which has also enhanced its popularity. The website for the ACT is [www.act.org](http://www.act.org).

<b>Test Date</b>	<b>Registration Deadline</b>
<b>February 12</b>	<b>January 7</b>
<b>April 9</b>	<b>March 4</b>
<b>June 11</b>	<b>May 6</b>

## Sophomore News

Approximately 75 sophomore students signed up and took the PSAT. The results will be shared with students upon return from the December vacation.

## Freshman News

School counselors have been visiting with freshmen in their wellness classes. Topics such as decision making, goal setting, safety and respect were addressed. The students were fabulous and we were surprised at how many students have joined in a school activity or club.

## Parent Teacher Conferences

Parents are encouraged to schedule appointments with their student's teachers as necessary. If there is anything the counselors can do to support your child, please feel free to contact us. The guidance department contact information is as follows:

<b>Sandra Bent</b>	School Counselor
<a href="mailto:sandra.bent@sau41.org">sandra.bent@sau41.org</a>	ext 123
<b>Kerry Gangemi</b>	School Counselor
<a href="mailto:kerry.gangemi@sau41.org">kerry.gangemi@sau41.org</a>	ext 121
<b>KC Maynard</b>	Guidance Director
<a href="mailto:kathleen.maynard@sau41.org">kathleen.maynard@sau41.org</a>	ext 125
<b>Julie Sullivan</b>	School and Career Counselor
<a href="mailto:julie.sullivan@sau41.org">julie.sullivan@sau41.org</a>	ext 129
<b>Richard Winslow</b>	School Counselor
<a href="mailto:richard.winslow@sau41.org">richard.winslow@sau41.org</a>	ext 124
<b>Cathy Cray</b>	Student Assistance Person
<a href="mailto:cathy.cray@sau41.org">cathy.cray@sau41.org</a>	ext 122
<b>Teresa Noel</b>	Guidance Receptionist
<a href="mailto:teresa.noel@sau41.org">teresa.noel@sau41.org</a>	ext 128
<b>Carol Tyler</b>	Guidance Registrar
<a href="mailto:carol.tyler@sau41.org">carol.tyler@sau41.org</a>	ext 126
<b>Sharon Coughlin</b>	504 Coordinator
<a href="mailto:sharoncoughlin@sau41.org">sharoncoughlin@sau41.org</a>	ext 119

## Communication

In addition to reading this newsletter, please be sure to check out our website and read the daily notices at ([www.hollisbrookline.org](http://www.hollisbrookline.org)). For complete information, click on the Guidance tab. We are continuously updating our information. As always we are here to support all the students and families of the Hollis-Brookline community. Please feel free to email or call us with good news and/or concerns.

## Student Assistance Program

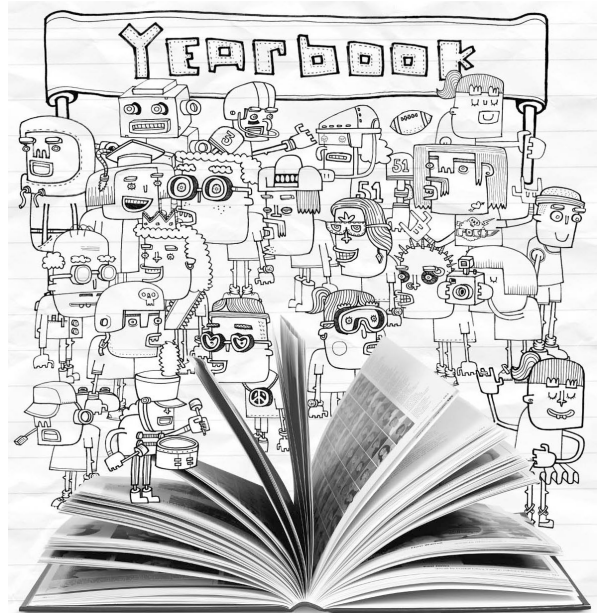
On November 4, Jack Agati spoke to the members of the community, sponsored by the PTSA, in conjunction with the HBHS Student Assistance Program. Mr. Agati provided a humorous and informative perspective on surviving the teenage years. We will continue to offer additional informative sessions so please look for these future opportunities.

On November 17<sup>th</sup>, Travis Roy spoke to the freshmen and sophomore students at HBHS. As you may know, 15 years ago Travis was a hockey player for Boston University. After only 11 seconds on the ice he crashed into the boards and has been a quadriplegic ever since. His inspirational message is tied to the English speech contest assignment. The topic, "In life there are times when we choose our challenges and other times when the challenges simply choose us. The question is whether we conquer the challenges life presents us or surrender to them, because what we do when faced with these challenges defines who we are and, more importantly, who we will become." This is a chance for our students to set goals, priorities and review decision making, and will provide students a wonderful opportunity for growth and maturity.

Please be sure to check the Guidance Department website and read the daily notices for all new information!

<http://sites.google.com/a/sau41.org/hbhs>

**The Cavalier Chronicle**, the HBHS student newspaper, is published the third Friday of every month. Be sure to ask your kids to bring their copy home to share with you. We welcome parent input for story ideas by the first of every month (perhaps your teen is doing something newsworthy outside of school but is too shy to let us know). Additionally, business owners are encouraged to advertise with us. Please email your mailing address, and we'll send you a packet with pricing, sizes, and publication schedule. Contact Lin Ilingworth at [lin.illingworth@sau41.org](mailto:lin.illingworth@sau41.org) or call 465-2269 for more information.



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